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# DEVELOPING A FUNCTIONAL MEASURE ACROSS THE CONTINUUM OF POST-ACUTE CARE

BY

Chih-Ying (Cynthia) Li

A dissertation submitted to the faculty of the Medical University of South Carolina in partial fulfillment of the requirements for the degree Doctor of Philosophy In the College of Health Professions

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# DEVELOPING A FUNCTIONAL MEASURE ACROSS THE CONTINUUM OF POST-ACUTE CARE

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Chih-Ying (Cynthia) Li

Approved by:



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"*Success consists of going from failure to failure without loss of enthusiasm*"

- *Winston Churchill*

# Abstract of Dissertation Presented to the Doctor of Philosophy Program in Health and Rehabilitation Science Medical University of South Carolina In Partial Fulfillment of the Requirements for the Degree of Doctor of Philosophy

### DEVELOPING A FUNCTIONAL MEASURE ACROSS THE CONTINUUM OF POST-ACUTE CARE

By

Chih-Ying (Cynthia) Li

Chairperson: Craig A. Velozo, Ph.D., OTR/L Committee: Kit N. Simpson, DrPH Heather S. Bonilha, PhD, CCC-SLP Annie N. Simpson, PhD

This dissertation proposed to establish a post-acute care continuum measurement system by creating an item bank that linked existing instruments. We linked two instruments measuring physical activities of daily living in the Veterans healthcare system, Functional Independence Measure which is used in Inpatient Rehabilitation Facilities and the Minimum Data Set which is used in the Community Living Centers. The objectives included: (a) creating an IRT-based item bank, (b) creating IRT-based short forms from the item bank, (c) comparing measurement precision of converted scores from varied  $FIM^{TM}$  and MDS forms, and (d) comparing accuracy of the varied forms in generating functional related groups (FRG). We found measurement precision and accuracy decreased as the number of item decreased. FIM short forms (SFs) had similar precision and better accuracy than MDS SFs. The MDS\_13-item form had acceptable precision and accuracy for generating FRGs, supporting developing a continuity measurement by linking existing instruments.

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#### CHAPTER ONE

#### INTRODUCTION

#### **Background and Significance**

A continuum of care across acute and post-acute services is an important and natural phenomenon in healthcare settings. Based on the varying ways in which diseases progress, patients need individualized trajectories of care across different facilities to obtain a variety of healthcare services that meet their needs. "A trajectory of care" is synonymous with the term "episode of care", used in section 5008 of the Deficit Reduction Act (DRA) in 2005, meaning "the care a patient receives in order to treat a spell of illness associated with a hospitalization. A trajectory may include one or more settings" (Centers for Medicare and Medicaid Services [CMS], 2012); whereas "a spell of illness" covers, "all readmission and skilled nursing facility service use" based on Medicare's definition (Research Triangle Institute International [RTI], 2009). The US healthcare system provides a trajectory of care based on different recovery stages across acute and post-acute facilities, including acute hospitals, inpatient rehabilitation facilities (IRFs), skilled nursing facilities (SNFs; which is analogous to Community Living Centers [CLCs] in the Veterans' healthcare system), home health agencies (HHAs), long-term care hospitals (LTCHs) and outpatient therapy services (OTS). Figure 1.1 demonstrates a general process of a trajectory of post-acute care based on 5.0% national sample of 2006 Medicare claims data. For instance, a person with acute stroke may proceed with a trajectory of care, which may include learning basic self-care skills in the IRFs or SNFs/CLCs; and maintaining a functional level in the chronic care setting (e.g., HHAs, OTS). If the stroke is minor, outpatient services may be necessary (e.g., OTS), but if the stroke is severe, then a long-term care facility may be required (e.g., LTCHs) (Figure 1.2). Based on a 5.0% national sample of 2006 Medicare claims data (RTI,

2009), over a third (35.2%; n=109,236) of all beneficiaries discharged from acute institutions continued to use at least one post-acute care (PAC), while almost 80% of this sample were discharged to either SNFs (41.1%) or HHAs (37.4%). Moreover, 52% of beneficiaries continue to use at least one additional service after receiving care at a first PAC site (RTI, 2009). In 2007, the Medicare Payment Advisory Commission (MedPAC) spent over \$45 billion dollars on postacute care for patients that had a stroke (RTI, 2009).

In general, there are several challenges when providing the continuum of care from acute to post-acute settings. First, there are various ways for patients to initiate post-acute care due to the progress of certain illnesses and specific needs for services. While many patients start using post-acute care after being discharged from an acute hospital, this is not always the case; since patients may enter PAC facilities directly based on the nature of disease (e.g., fracture). Thus, the baseline for each patient to access the PAC could be varied, making it difficult to monitor patients' functional recovery after receiving each PAC. A second challenge in providing care along the acute and post-acute continuum is the difficulty in deciding which post-acute healthcare system contributes to the best treatment outcome. Because post-acute care varies significantly and is patient- and disease-specific, the services across PAC facilities are difficult to compare. For instance, people with exactly the same diagnoses or severity of illness may be referred to receive different PAC treatments based on a healthcare practitioner's personal recommendations, preferences or based on the availability of specific PAC facilities in the nearby area. A third challenge in providing care along this continuum is to determine a fair and standardized payment system across PAC facilities while differing payment metrics are used. For instance, acute hospitals use the Diagnosis-Related Group (DRG), IRFs use the Functional-Related Group (FRG), SNFs use lengths of time called benefit periods, HHA use a 60-day

episode based on functional measurement results, and outpatient facilities use G-codes as their payment systems. Thus, the challenges of various entry points into the healthcare systems, a diverse range of treatment provided, and varied benefit payment systems, make it difficult to standardize the measurements of patients' function across the continuum of post-acute care, and to monitor patient improvement and obtain fairness of healthcare insurance reimbursement across PAC.

Currently, the Medicare program requests that PAC facilities use patient assessment tools to measure medical, functional and cognitive information at admission and over the course of treatment (CMS, 2012). For instance, the required PAC site-specific patient assessment tools include the Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI), i.e., the Functional Independence Measure ( $\text{FIM}^{\text{TM}}$ ) with additional demographic data for IRFs, the Minimum Data Set (MDS) for SNFs/CLCs, and the Outcome and Assessment Information Set (OASIS) for HHAs (CMS, 2012) (Table 1.1). Since definitions and measurement scales of the items, data collection procedures, and data collection timeframes used across PAC facilities differ, CMS acknowledges that the data collected at different PAC facilities cannot be directly compared (CMS, 2012). To solve this issue, CMS has funded the development of the Continuity Assessment and Record Evaluation (CARE) standardized item set, a uniform patient assessment instrument designed to provide continuum care documentation across acute and post-acute facilities, including acute hospitals, IRFs, SNFs/CLCs, HHAs and LTCHs (CMS, 2012). The CARE item set uses the same measurement system across the PAC continuum, with the hope to generate comparable scores and standardize bill payment system and patient assessment data, including patients' functioning at admission and discharge, additional clinical information such as skin integrity and allergies/adverse drug reactions, the patient's demographic data, and

healthcare services that patients access (CMS, 2012). The CARE item set has a comprehensive item set and core item set as functional status quality metrics, including motor functional status (self-care and mobility) and cognitive functional status (memory, problem solving and communication) with a rating scale from one to six, representing complete dependence to complete independence (CMS, 2012).

Although the CARE item set seems promising for resolving the current issues, noticeable limitations still exist based on the tool's development, its feasibility and usefulness. First, the developmental procedures of the CARE item set cost considerable resources, including time, money and training. For instance, the CMS invested in a multi-year, multi-site CARE item set development project; thus, the costs for instrumental development are likely to represent only a fraction of the costs that will be incurred through implementation of the CARE item set across the range of PAC settings. Currently, CMS had spent more than 10 million dollars of developing and analyzing the CARE item set (CMS, 2011). Furthermore, data-collection software systems will require extensive modification or replacement, and instrument implementation will require extensive personnel training for assessment administration, which leading to additional burden for the healthcare practitioners. Increased measurement error is likely at the beginning of the implementation of the new instrument. Finally, there are already established reimbursement systems based on the existing instruments across PAC facilities, thus, the existing reimbursement systems will require significant restructuring. The reimbursement system for IRFs, for example, is currently based on the Functional-Related Group (FRG) measured by IRF-PAI, will have to be abandoned. The new reimbursement system of using the CARE item set will also need to be validated. Thus, it is expected to consume considerable time, effort, costs and resources before truly adopting the CARE item set into practice. Even with the aforementioned efforts, the CARE

item set still could not completely resolve the previously mentioned contextual challenges, such as various entry points into PAC and different PAC treatments provided across facilities; thus, the reliability and validity of using the CARE item set across facilities will require examinations to ensure the CARE item set will provide useful information to monitor patients' function and help obtain fair reimbursements across PAC facilitates.

While traditional psychometric methods support developing a single measurement system such as the CARE item set for all PAC venues, an alternative and practical solution is to use modern test theory, known as item response theory (IRT) and latent trait model, to link existing instruments across the PAC continuum. Traditional psychometric methods, known as classical test theory (CTT) or true score theory, are based on the following basic concept: observed score  $(X)$  = true score (T) + error (E). The development of the CARE item set is based on the concepts of CTT that measurement error will be diminished by using a single tool across the PAC continuum. However, it may also underestimate other error sources that could possibly occur from using a single tool across facilities such as the unfamiliarity of administering the new tool and the error attributable to this new single tool covering redundant or inappropriate items across settings and providing irrelevant information. On the other hand, the modern measurement methods based on the latent trait model provides a more cost-efficient approach to resolving the current issue by using existing instruments to generate a measurement common metric, with an assumption that allows for linking instruments when there is equivalence of the same latent trait. The latent trait model assumes that estimated scores of a respondent can be used to predict or explain test performance on the latent traits of the person (Hambleton, Swaminathan, Cook, Eignor & Gifford, 1978). Therefore, if the latent trait or person parameters measured across different instruments are assumed to be the same, then the IRT-based approach can co-calibrate

varied instruments to a common metric that measures the same latent trait. In other words, based on the latent trait model, the IRT approach could place different instruments on the same scale measuring the same latent construct and a score crosswalk could be generated among different instruments. A score crosswalk enables scores to be translatable across instruments. Furthermore, we assumed that the IRT-based approach could establish a linked instrument (item bank) with similar measurement precision compared to the CTT-based single-instrument. This hypothesis is based on the assumption that both approaches would generate instruments with similar levels of error, especially given the fact that the core function item set of the CARE item set has items that are similar to those of the FIM (Table 1.2).

The latent trait model, the foundation of IRT, is a measurement framework that we proposed to use to support the alternative solution of maintaining existing instruments in measuring people across the PAC continuum. The concept of linking is an initial attempt to consider subsets of items within existing instruments as tied to a single latent trait (Dorans, Pommerich, & Holland, 2010; Kolen & Brennan, 2004). Prior to perform linking, it is crucial to ensure that different instruments measure the same latent trait. In this study, "self-care physical/motor function" was considered as a single latent trait measured by both the FIM and the MDS (Table 1.2). Haley et al. (2011) successfully used an IRT test characteristic curve transformation method to link physical functioning items between the Activity Measure for Postacute Care (AM-PAC) and the Quality of Life Outcomes in Neurological Disorders (Neuro-QOL) to produce a score conversion table between these two tests with a secondary sample who are community-dwelling adults (Haley et al., 2011). Velozo et al. (2007) and Wang et al. (2008a) also demonstrated and validated linked self-care physical/motor and cognitive items from the FIM and the MDS from a secondary Veterans dataset using Rasch modeling, to co-calibrate and

translate scores between instruments successfully. Thus, previous studies demonstrated successful evidences of linking instruments that measure the same latent trait to construct an item bank.

Item banking, allowing items from different instruments to represent a single latent trait, has great potential to improve health outcome assessments in rehabilitation (Bjorner, Chang, Thissen, & Reeve, 2007; Lai et al., 2011). Based on the latent trait theory, IRT-calibrated item banks can contain large numbers of items to illustrate a well-defined and unidimensional latent trait (Choi, Reise, Pilkonis, Hays & Cella, 2010). In addition, item banks have several advantages. First, item banking allows for automatic or immediate connection of measures across instruments since items across different instruments are co-calibrated altogether on the same continuum. Second, item banking allows for the development of shorter version for more efficient assessment, which could improve clinical use of the linked instruments. Lai et al. (2011) used the fatigue item bank through the National Institutes of Health (NIH) Patient Reported Outcomes Measurement Information System (PROMIS) to generate a computerized adaptive testing (CAT) and short form, showing that both CAT and the short form can measure more than 95% of the sample precisely with reliability greater than 0.9. An item bank composed of FIM and MDS can produce CATs and short forms, respectively, or collaboratively and each measure format generated from FIM and MDS (either separately or jointly) can demonstrate similar levels of measurement precision.

Short forms and CATs derived from the item bank could provide efficient and flexible measurement systems with less items compared to the original test, further decreasing assessment time and assessment burden for both the patients and the healthcare practitioners (Bjorner, Chang, Thissen, & Reeve, 2007; Choi et al., 2010; Ware, et al., 2005). For instance,

CAT assessment only needs as few as five polytomous items per domain in order to achieve high measurement precision (Bjorner, Chang, Thissen, & Reeve, 2007). In addition to significantly reducing the assessment burden, healthcare practitioners can choose the forms they prefer to use or the forms they are most familiar. For instance, therapists at the IRFs can use the FIM, short form FIM, or CAT FIM and the nurses at the SNFs/CLCs can use the MDS forms. The advantage to generate test forms from the item bank and further develop efficient test forms is to offer the opportunity for the practitioners to use already existing instruments in their clinical settings instead of learning how to use a new instrument. Thus, healthcare practitioners working at different facilities and having a different preference of instruments can still use their preferred instrument but the measurement results across settings and instruments will be comparable. It was hypothesized that no matter which form was used, different forms may generate comparable results. Furthermore, flexibility of the administration forms can also enhance implementation of the instruments developed from the item bank, thus further improving the feasibility and usefulness of the IRT-based test forms generated from the item bank and the crosswalk.

The purpose of this dissertation is to provide an alternative solution to use existing instruments to develop an item bank based on the IRT, and further establish and compare measurement precision and accuracy of shorter administration forms (i.e., short forms from the  $FIM^{TM}$  and the MDS) across the continuum of PAC. This paper challenges the development of a uniform instrument across the PAC continuum based on the concept of CTT. While CTT is the theoretical base most commonly used for instrumental development and psychometric validation of instruments, the IRT provides a promising approach to calibrate all instruments on the same common metric across the care continuum among PAC facilities. In addition, an IRT-based item

bank can produce short versions of instruments such as short forms, providing more efficient and flexible assessment systems.

In summary, utilizing IRT-based concepts, such as latent trait model, and IRT-approaches, such as Rasch analysis, can create the state-of-art measurement systems of item banks and further develop short forms from existing instruments. Compared to using the CTT-based methods to develop a single instrument, linking instruments and developing different administration forms, IRT-based methods can decrease resources needed for instrumental development, minimize administration assessment burden for healthcare practitioners and patients, and provide comparable measurement for a fair reimbursement system for the healthcare policy makers, significantly contributing to the resolution of current measurement issues across PAC facilities.

#### CHAPTER TWO

#### LITERATURE REVIEW

#### **Literature Review of the Problems, Research Design, and Methods**

This chapter aimed to provide an overall review of current research using the methodologies of linking in healthcare. In education, scale equating and linking are crucial methodologies to generate comparable score across varied test forms and administration modes across time. High-stakes standardized academic examinations, such as the  $SAT^{TM}$  and the  $ACT<sup>TM</sup>$  that determine college admission in the United States, using the linking and equating approaches to equate test performance of the test takers and further prevent cheating and maintain test fairness among the test takers (Dorans, 1999). The empirical applications of vertical (i.e., across time) or horizontal (i.e., across tests) linking and equating approaches have been evaluated and advanced by numerous published studies in the field of education for decades (Baker, 1993; Baker, & Al-karni, 1991; Dorans, Pommerich, & Holland, 2007; Kolen, & Brennan, 2004; Tate, 1999; von Davier, Holland, & Thayer, 2004; Wright, & Bell, 1984).

Compared to the field of education, the concepts of linking and equating are relatively sparse and underutilized in the field of health outcomes research, due to inherent testing contextual differences (e.g., more diverse and heterogeneous sample, smaller sample size, less items and commonly-used polytomous rating scales) (McHorney, & Cohen, 2000). One healthcare area that could benefit from linking is measuring patients across continuum of care. Linking measures across the continuum of care could advance healthcare services and functional assessments that would further benefit patients, healthcare practitioners and even healthcare policy makers. For instance, linking measures could address healthcare policy makers need for a fair healthcare reimbursements system for patients receiving healthcare across different postacute facilities which use different functional outcomes. Also linked measures would allow for healthcare practitioners to monitor a patient's functional changes across a continuum of care and communicate those findings to other healthcare professionals across facilities.

### **Literature Review for Classical Testing Theory (CTT)**

Six published articles were found that used linking approaches based on traditional classical testing theory (CTT) methods in healthcare, in the professions of rehabilitation, psychiatry and aging (Table 2.1). Williams and colleagues (1997) initially published the first linking article by rescaling one instrument to the other based on expert panel determinations and observed relationships. The developed crosswalk was examined with Wilcoxon Rank Sum tests to compare differences between the Functional Independence Measure (FIM) scores and the Minimum Data Set (MDS)-derived scores (Pseudo-FIM). Williams and colleagues (1997) used ordinary least squares (OLS) linear regression to determine the percent of variance explained by the alternative subscale scores on the same population (patients who received rehabilitation). The results showed that intraclass correlation coefficients (ICC) between the FIM and Pseudo-FIM motor and cognitive subscales were both 0.8l and there were no significant differences ( $p > 0.05$ ) of mean scores for five items (out of 12) between two scales (FIM and Pseudo-FIM). However, the mean scores of the remaining seven items were significantly different between FIM and Pseudo-FIM. The significant differences of mean scores of the seven items may be due to inherent errors within the instruments (Williams, Li, Fries, & Warren, 1997). Thus, this study showed mixed results and only partially supported the crosswalk between the FIM and the Pseudo-FIM.

Buchanan and colleagues (2003 & 2004) evaluated the planned prospective payment system (PPS) by substituting the Minimum Data Set-Post Acute Care (MDS-PAC) for the FIM in the inpatient rehabilitation hospitals. The linking/translating score method used in this study included: (a) using telephone conferences between the two instrument development teams to identify potential problem translation areas, to refine both item and scoring for the functional status items, (b) realigning the seven scoring levels of the FIM, (c) incorporating ADL assist codes of the MDS, and (d) revising item-specific translation by adding supplemental items. The results showed that the mean score differences of the motor scales between FIM and the MDS-PAC translated were approximately 5 points in the 2003 study and 2.4 points in the 2004 study; the mean score differences of the cognitive scale were 0.01 point in the 2003 study and 0 point in the 2004 study.

In addition, Buchanan and colleagues (2004) found a 56% agreement of PPS classifications between FIM and MDS-PAC-to-FIM scores, and around 20% of the facilities had revenue shifts larger than 10% of the original cost with standardized deviation (SD) differences of \$1,960, even though the mean payment between FIM and MDS-PAC-to-FIM was not significantly different. Based on the above results, Buchanan and colleagues (2004) concluded that the MDS-PAC should not be substituted for the FIM in determining the rehabilitation hospital PPS due to poor payment cell agreement and substantial revenue shifts, regardless of the positive findings of good item-level agreement between original and the translated scores.

Leucht and colleagues (2006) used equipercentile linking method to equate the Brief Psychiatric Rating Scale (BPRS)/Positive and Negative Syndrome Scale (PANSS) and compared the absolute change of the translated scores to the Clinical Global Impressions Ratings (CGI) improvement and severity scores for patients with at least one psychiatric positive symptom. Leucht and colleagues (2006) found that correlations between various CGI and BPRS/PANSS/ PABPRS (PANSS-derived BPRS) scores for the whole sample at baseline and at weeks 1-6

ranged between 0.52 and 0.74, reflecting moderate to strong associations between the original and translated scores.

Fong and colleagues (2009) also used the equipercentile equating method (i.e., percentile equivalent equating) to link cut-point scores from a standard global cognitive function test (Mini-Mental State Examination; MMSE) to other tests (Telephone Interview for Cognitive Status; TICS; 30-item and 40-item versions) for community-dwelling elders. These investigators found the intraclass correlation coefficient for MMSE versus TICS-30 and TICS-40 was 0.80 (95% confidence limits of 0.78 to 0.83) and a cut-point category in MMSE and the corresponding cutpoints for TICS-30 and TICS-40 both yield weighted k-values of 0.69, indicating substantial agreement exceeding chance. These findings support that the MMSE could be successfully linked to both TICS-30 and TICS-40.

In addition, Noonan and colleagues (2012) also used equipercentile equating and singlegroup design to develop a crosswalk and to cross-validate the crosswalk between the Modified Fatigue Impact Scale (MFIS) and the Patient Reported Outcome Measurement Information System (PROMIS) Fatigue Short Form (SF) at a follow-up time point for persons with Multiple Sclerosis (MS). Correlations between deviations (difference between projected and actual values) and fatigue level for the PROMIS Fatigue SF and MFIS were -0.31 and -0.30, respectively, indicating greater deviations of lower fatigue scores, meaning that the crosswalk is more accurate at higher than at lower levels of fatigue. In addition, the researchers found estimated sample means were impacted by sample size. When sample size is large, especially when sample size is 150 or greater, estimated sample means were much less varied.

In summary, for the six studies based on the CTT linking method, three studies positively supported linking approaches with two studies having successfully developed linked crosswalks

(Fong, et al., 2009; Leucht, et al., 2006), and one study positively supported the results of linking between two instruments under certain linking conditions (e.g., sample size larger than 150) (Noonan, et al., 2012). One study partially supports the concept of crosswalk between instruments by developing corresponding items conceptually between instruments and comparing their differences (William, Li, Fries, & Warren, 1997). The remaining two studies (both were from the same research team) concluded that the linking approach failed to replace original scores with the translated scores to adequately determine prospective payment (Buchanan, et al., 2003 & 2004).

While previous CTT-based linking articles demonstrated mixed findings of the linked crosswalks, it is important to recognize some major limitations of CTT methodologies regarding the linking result interpretations. The main and the most well recognized limitation of CTT methods is sample and test dependency, implying the inability of the CTT-based instruments to translate scores from one sample or one instrument to the other sample/instrument. Thus, due to sample and test dependency, the characteristics of the test are dependent on the sample from which those psychometrics were derived (McHorney, 2002; Thompson & Vacha-Haase, 2000), which could lead to limited generalizability of the findings. For instance, test dependency can result in inability to compare data using instruments with different numbers of items, types of rating scale and item difficulty levels, and the test performance across test takers may be dependent on a specific set of test items (McHorney & Cohen, 2000; McHorney, 2002). Consequently, an individual's score for a particular construct is dependent on the particular instrument. Thus, a test with easy items would generate higher scores and a test with more difficult items would generate lower scores, even when the ability level of the respondents is the same. Therefore scores between instruments cannot be comparable or translated.

Another critique is that the CTT-based linking approaches tend to simply use item-toitem matches conceptually based on expert panels, which would result in potential considerable error or bias (Haley, et al., 2011). Besides above described limitations of CTT-based methods, other factors could also potentially contribute to biased CTT-based linking results, or underestimate feasibility and usefulness of linking methodologies, such as inherent errors within instruments, item selection procedure, data collection procedure, instrumental administration process or reliability of the practitioners to administer the instruments.

#### **Literature Review for Item Response Theory (IRT)**

In both education and healthcare professions, another linking option is to use the modern testing theory, known as item response theory (IRT). The IRT approach avoids many limitations of CTT-based methods and offers a flexible and effective framework for linking scale scores based on its inherent linking nature. The IRT-based linking method is based on the fundamental assumption of the latent trait model, that different items measuring the same concept can be cocalibrated on a common underlying metric (Hambleton, Swaminathan, Cook, Eignor & Gifford, 1978; Ten Klooster, et al., 2013). Thus, unlike CTT-based methods, IRT linking methods have a "built-in" linking mechanism (Embretson, 1996; Orlando, Sherbourne, & Thissen, 2000), which can create conversion tables allowing a reliable score crosswalk among scales (Carmody et al., 2006; Orlando et al., 2000). One major advantage of IRT, in contrast to CTT, is that it is sampleand test- free, meaning that the obtained person/test parameter estimates are theoretically invariant regardless of the particular person/test used to estimate them (McHorney  $\&$  Cohen, 2000). Thus, the person ability will be constant regardless of tests with different difficulty levels and different tests can generate comparable measures across tests.

We found 25 linking articles based on the IRT methodologies in the field of healthcare (Table 2.2). An increasing number of studies used IRT-based methods to link different patientreported outcome measures. In rehabilitation, "physical function" is the most well-established domain that employed linking methodologies (Fisher, 1997; Fisher, Eubanks, & Marier, 1997; Fisher, Harvey, Taylor, Kilgore, & Kelly, 1995; Haley, et al., 2011; McHorney, 2002; McHorney & Cohen, 2000; Oude Voshaar, et al., 2014; Smith, & Taylor, 2004; Ten Klooster, et al., 2013; Velozo, Byers, Wang, & Joseph, 2007; Wang, Byers, & Velozo, 2008a). Besides physical function in rehabilitation, the earliest effort using IRT-based linking method was also found in the field of oncological, especially in the area of measuring quality of life (QOL) for patients with cancer (Chang, & Cella, 1997; Gonin, Lloyd, Cella, & Cray, 1996; Holzner, et al., 2006).

In addition, linked crosswalks based on the IRT methodologies have been applied in areas such as headache (Bjorner, Kosinski, & Ware, 2003), psychiatric symptoms (Leucht, et al., 2006), cancer (Holzner, et al., 2006), self-regulation (Masse, Allen, Wilson, & Williams, 2006), depression (Carmody, et al., 2006; Fischer, Tritt, Klapp, & Fliege, 2011; Fischer, Wahl, Fliege, Klapp, & Rose, 2012; Orlando, Sherbourne, & Thissen, 2000), asthma (Thissen, et al., 2011), pain (Askew, et al., 2013; Chen, Revicki, Lai, Cook, & Amtmann, 2009), spinal cord injury (Calhoun, et al., 2009; Slavin, Kisala, Jette & Tulsky, 2010), general quality of life (Haley, et al., 2011; Tulsky, et al., 2011), self-harm (Latimer, Covic, & Tennant, 2012) and fatigue (Lai, Cella, Yanez, & Stone, 2014; Noonan, et al., 2012).

In the area of physical function of rehabilitation, Fisher and colleagues published three articles applying IRT-based methods to link items across different instruments (Fisher, 1997; Fisher, Eubanks, & Marier, 1997; Fisher, Harvey, Taylor, Kilgore, & Kelly, 1995). Fisher and colleagues (1995) initiated the first study by developing a preliminary single rehabilitation-

measuring unit, *rehabit*, using a Rasch polytomous partial credit model to co-calibrate motor scales from two instruments, Functional Independence Measure (FIM), and Patient Evaluation and Conference System (PECS) for 54 patients with multiple neurological dysfunctions. This study (Fisher et al., 1995) showed the two calibrations between the FIM and the PECS correlates at 0.89, with an  $R^2$  of 0.79, suggesting these two instruments were measuring the same construct, and their measures could be comparable. Subsequently, Fisher (1997) used pseudo-common item equating methods to calibrated similar but not identical items from four instruments, FIM, PECS, Katz AOL Index (Katz), and Levels of Rehabilitation Scale - III (LORS), derived from ten articles for five diagnostic groups of patients (brain injuries, neuromuscular, musculoskeletal, spinal cord and stroke). This study (Fisher, 1997) found the correlations among the four instruments and the seven pseudo-common items was  $0.92$  on average (an average  $p=0.02$ ), supporting quantitative stability of physical functioning as an independent construct across instruments and samples.

In a similar study, Fisher, Eubanks and Marier (1997) equated the physical functioning subscales based on a Rasch rating scale model of the Medical Outcomes Study Short Form 36 (SF36)'s 10-item physical functioning scale (PF10), and the 29-item Louisiana State University Health Status Instruments (LSU HSI) with a convenience sample of 285 patients in a public hospital general medicine clinic. The results showed that the two instruments had high correlations of item difficulty estimates ( $r = 0.95$ ) and the paired-sample t-test between the PF10 and the LSU HSI is 0.95 ( $p= 0.34$ ), indicating that the items from the two scales measure the same latent variable. In addition, the PF10 and the LSU HSI both fit to separated and merged Rasch rating scale models (Fisher, Eubanks, & Marier, 1997).

Smith and Taylor (2004) replicated Fisher and colleagues' (1995) study by using the same five diagnostic groups of patients, the same two instruments (FIM and PECS), and the same linking method (Rasch partial credit model) with a larger sample size of 500 patients on admission and at discharge to a free-standing rehabilitation hospital in early 1998. These investigators (Smith & Taylor, 2004) found that the correlation of the person measures between the FIM and PECS is 0.92 without counting measurement error, indicating that the common metric measures with equal-interval translation can be generated from either scale and are independent of the number of items and the rating scale structure in each instrument.

Similar to the early efforts of those linking studies in rehabilitation, three linking articles were found in oncological QOL clinical trial linked varied QOL instruments in 1996, 1997 and 2006. Gonin and colleagues (1996) initially used a Rasch rating scale model for 447 patients with cancer to equate scores of two QOL-questionnaires to demonstrate 'equatability' between the total scores of Functional Assessment of Cancer Therapy, general version (FACT-G, 7 items) and the Functional Living Index for Cancer (FLIC, 27 items); and the 'standard QOL scores' between the raw scores of the FACT-G and FLIC were also derived.

Follow-up, Chang and Cella (1997) extended findings of Gonin and colleagues' (1996) by linking five instruments using the same linking method (Rasch rating scale model) and comparing the total scores for 140 patients diagnosed of cancer of all types or HIV. The five instruments include the FACT-G, the Cancer Rehabilitation Evaluation System (CARES), the European Organization for Research and Treatment of Cancer Quality of Life Questionnaire-Core (EORTC QLQ-C30), the Spitzer's Quality of Life-Index, and the Short Form Health Survey (SF-36). The results showed that the minimum value of Cronbach's alpha of all instruments was above 0.64, indicating acceptable internal consistency coefficient; and the item reliabilities, such as person separations and the scale slopes of each scale, were similar. However, 0.64 may not be as good as expected. Chang and Cella (1997) found compatibility of five commonly used QOL measures and that each instrument retains different degrees of precision in relation to corresponding test-centered logits, still supported using the linking approach.

Finally, Holzner and colleagues (2006) applied both classical test theory and the Rasch measurement model to investigate the equivalence of the EORTC QLQ-C30 and the FACT-G, the two most widely used oncological QOL instruments, for the patients with cancer in Germany. Holzner and colleagues (2006) found that the physical, emotional and functional/role domains of the FACT-G and EORTC were equitable with good internal consistency (ranging from 0.75  $\sim$ 0.89) and acceptable correlation between corresponding subscales (range of r:  $0.60 \sim 0.77$ ). But for the social domain, serious discrepancies between the corresponding subscales were detected with very low correlation of 0.09 and therefore social subscales were not qualified for linking. This implied that prior to conducting linking, it is essential to ensure that the two instruments measure the same construct and have acceptable correlations.

Other researchers carried out studies with the aims to develop and validate linking approaches that allow instruments to be equivalent. In the more well-established domain of physical self-care functioning, an additional six published articles were found (McHorney, 2002; Haley, et al., 2011; Qude, et al., 2014; Ten Klooster, et al., 2013; Velozo, Byers, Wang, & Joseph, 2007; Wang, Byers, & Velozo, 2008a). McHorney (2002) linked three modules of functional status items in the Asset and Health Dynamics Among the Oldest Old (AHEAD) study with 4655 elders aged 70 years old or older, and found the six common Activity of Daily Living (ADL) items constructing a single dominant dimension, accounting for 48% of the variations. Both sets of items were successfully linked to the common items, allowing all items

to be placed on the same underlying ability measure. McHorney (2002) used a 2-parameter (P) model given the results showing that the 2-P model fits the data better compared to the 1-P model because the 2-P model has better flexibility allowing item difficulty and item discrimination to be different. Velozo and colleagues (2007) applied the 1-P, IRT model, the Rasch model, to calibrate items on a common scale between FIM and the Minimum Data Set (MDS) using secondary Veterans data of 236 patients from four facilities. The results showed good internal consistency of the combined FIM-MDS item pool (Cronbach alpha = 0.94), with 21 of the 26 items showing acceptable fit statistics. In addition, good correlations of raw scores and measures were found between the FIM and the MDS ( $r = -0.81$  and 0.78, respectively). Wang and colleagues (2008a) further replicated Velozo et al. (2007)'s study with larger sample size, including 654 Veterans as the calibration sample, and 1476 Veterans as the validation sample, to determine the accuracy and applicability of the crosswalk based on the function-related groups (FRGs) classifications at three levels: (1) individual patient, (2) classification system, and (3) facilities. The results demonstrated a fair to substantial strength of agreement between FRGs classifications generated from the MDS-derived FIM and actual FIM scores, with the mean differences within 1.3 and 0.1 points for the motor and cognition scales, respectively. However, individual equivalence was relatively low with only  $35 \sim 67\%$  of the translated scores within 5 points of the FIM actual scores, which was slightly worse than the previous studies by Buchanna and colleagues  $(45.3 \sim 50.3\%)$  (2003 & 2004).

Haley and colleagues (2011) linked the physical functioning items from two instruments, Activity Measure for Post-Acute Care (AM-PAC) and Quality of Life Outcomes in Neurological Disorders (Neuro-QOL), using IRT-based generalized partial credit model methods (Stocking-Lord method) with two samples: 1041 post-acute patients and 549 community-dwelling adults.

The results supported the use of a nonequivalent sampling design to link two instruments of different item difficulty levels by using common items. The authors (Haley, et al., 2011) provided a score conversion table and suggested that a future prospective study should ask participants to respond to both instruments in order to replicate and validate the crosswalk generated from this study.

Two linking articles were published by Netherland researchers. Ten Klooster and colleagues (2013) developed and evaluated a crosswalk between scores on the PF-10 and Health Assessment Questionnaire disability index (HAQ-DI) in patients with rheumatoid arthritis (RA), with 532 patients as the baseline developmental sample and 276 patients as the validation sample of Dutch descent. The result showed that the agreements between predicted and observed scores from the Rasch-based crosswalk in the cross-validation sample had high intra-class correlation coefficients (ICCs) (95% CI) for both HAQ-DI (0.72 to 0.81) and the PF-10 (0.75 to 0.82), respectively (Ten Klooster, et al., 2013).

Qude and colleagues (2014) replicated Klooster and colleagues' (2013) study by developing and evaluating the crosswalk between PF-10 and HAQ-DI with a larger and more diverse sample, including rheumatoid arthritis (RA; n=29,020), fibromyalgia (FM; n=3,776) and systemic lupus erythematosus (SLE; n=1,609) who participated in the National Data Bank for Rheumatic Diseases. The results found that the ICCs between predicted and actual scores ranged from 0.70–0.78, indicating that the crosswalk was sufficiently reliable for group-level use across diagnostic subgroups (Qude, et al., 2014). In addition, the mean difference between observed and expected scores was close to zero in US patients with RA (Qude, et al., 2014).

In summary, the linking studies in the domain of physical self-care function were advanced across almost 20 years, and demonstrates fairly consistent results that support (a) physical self-care can be treated as a single latent trait, allowing for the use of a linking approach in this domain, and (b) most studies showed acceptable to good ICCs between the original and the translated scores, implying feasibility and validity of the crosswalk, which could possibly be used in clinical healthcare, especially given the similar results from several replicated studies.

Besides the domains of physical self-care functioning in rehabilitation and QOL in oncology, four articles were found using IRT-based methods to equate instruments in the domain of depression for clinical trials (Carmody, et al., 2006; Fischer, Wahl, Fliege, Klapp, & Rose, 2012; Fischer, Tritt, Klapp, & Fliege, 2011; Orlando, Sherboune, & Thissen, 2000). Orlando, Sherboune and Thissen (2000) used an IRT summed scores approach, a similar method as common person equating but with a focus mainly on translating summed scores between instruments, to calibrate a modified 23-item version of the Center for Epidemiologic Studies Depression Scale (CES-D) to the standard scale of 20-teim CES-D for 1120 patients with depression. The study compared the classification rates of respondents at the 18-month as depressed using both the 20 CES-D items (cut score of 16) and the 23-item scale (corresponding cut score of 20); and the result showed that nearly 95% of the sample were classified in the same way regardless of which criterion was used, indicating that this linking method can successfully generate comparable scores and result in similar classification results (Orlando, Sherboune, & Thissen, 2000).

Carmody and colleagues (2006) used Samejima's graded IRT model based on Orlando et al. (2000)'s procedures to equate total scores for each pair of scales, and estimate item parameters for each item of each instrument. The three instruments included the Hamilton Rating Scale for Depression-17 (HRSD17; items=17), the Hamilton Rating Scale for Depression-6 (HRSD6; items=6), and the Montgomery Asberg Depression Rating Scale (MADRS; items=10).

The research team (Carmody, et al., 2006) used first sample for calibration of 233 outpatients with depression who were highly treatment resistant and the second sample for validation of 985 outpatients with nonpsychotic major depressive disorder (MDD). The results demonstrated that three instruments had high correlations ranging from 0.86 to 0.89 for the first sample and 0.91 to 0.94 for the second sample, with moderate to high internal consistency (0.78 to 0.92) and moderate item-total correlation (0.50 to 0.78) (Carmody, et al., 2006).

Fischer, Tritt, Klapp and Fliege (2011) used a general response partial credit model to link the ICD-10-Symptom Rating (ISR) depression scale, the Patient Health Questionnaire (PHQ) depression scales (PHQ-9) and PHQ-2 (only first two items of PHQ-9) with 2258 inpatients and outpatients of a psychosomatic clinic as a construction sample and 2259 as a validation sample in Germany. The results showed that the first eigenvalue is 6.99, substantially greater than the second eigenvalue (which is 1.00), and accounts for 54% of the total variance, indicating unidimensionality. The authors also found the predicted scores provided by the conversion tables are similar to the observed scores in a validation sample, given that the converted PHQ-9 and the ISR scores contain about 66% (mean  $\pm$  1 SD) and 95% (mean  $\pm$  2 SD) of the means of the actual scores (Fischer, Tritt, Klapp, & Fliege, 2011).

Fischer, Wahl, Fliege, Klapp, & Rose (2012) replicated Fischer, et al. (2011)'s study to evaluate the validity of the conversion table between PHQ and ICD-10-Symptom Rating (ISR) by comparing treatment outcomes with 1066 patients with some types of mental and/or behavioral disorders from two psychosomatic clinics in Germany using generalized partial credit model. The results showed no difference in variance between the original PHQ-9 scores and the PHQ-9 scores transformed from ISR scores ( $p= 0.76$ ), but a significant difference in means ( $p=$ 0.04, effect size = 0.03), with original PHQ-9 scores being slightly higher than ISR scores that
were transformed to PHQ-9 scores (11.09 vs. 10.90). The correlation between original PHQ-9 summary scores and transformed PHQ-9 sum scores was  $0.82$  ( $p < 0.001$ ) (Fischer, Wahl, Fliege, Klapp, & Rose, 2012).

In addition, the Patient-Reported Outcomes Measurement Information System (PROMIS), an initiative sponsored by the National Institutes of Health (NIH) (Cella, et al., 2007), developed the Patient-Reported Outcomes (PRO) Rosetta Stone (PROsetta Stone®) project to develop and apply linking or equating methods between the PROMIS measures and related "legacy" instruments. Thus, the range of PRO assessment options could be expanded based on the concept of using a common and standardized metric (Choi, et al., 2012). The PROsetta Stone project identifies and applies appropriate linking methods, thus, the scores on a range of PRO instruments can be used as standardized T-score metrics linking to the PROMIS (Choi, et al., 2012). Three articles were found with such attempts (Askew, et al., 2013; Lia, Cella, Yanez, & Stone, 2014; Thissen, et al., 2011).

Thissen and colleagues (2011) used Samejima's graded IRT model and Expected a posteriori (EAP) with a method called calibrated projection to calibrate the PedsQLTM Asthma Symptoms Scale 3.0 asthma module to obtain scores comparable with those of the PROMIS pediatric asthma impact scale (PAIS) with approximately 300 children, age 8–17. Calibrated projection is a method using a full-information factor analytic approach to link without a need for two instruments to measure a single construct (Carle, et al., 2011). Thissen and colleagues (2011) found that the estimated correlation between theta 1 (the underlying construct measured by the PAIS) with theta 2 (underlying construct measured by the PedsQL<sup>TM</sup>) was 0.96 and the likelihood ratio test for the difference in fit rejected the unidimensional model, indicating the PAIS exhibited strong convergent validity with the PedsQL Asthma Symptoms Scale, and

weaker relations with the other five scales (Treatment, Worry, and Communication Scales, and the DISABKIDS Asthma Impact and Worry Scales). The results showed that only one of the legacy scales was linked to the metric of the PAIS, while the other five scales appeared to measure constructs different from the PAIS.

Askew and colleagues (2013) used a two-parameter logistic graded response model to develop a crosswalk table to transform Brief Pain Inventory pain interference scale (BPI-PI) scores to PROMIS-PI short form (PROMIS-PI SF) scores for the multiple sclerosis (MS) patients, with 369 patients as a developmental calibration sample and 360 patients as a validation sample. The results showed that the mean difference between observed and cross-walked T scores was 0.51 (SD = 3.9) in the calibration sample and -1.47 (SD = 4.2) in the validation sample; and that root mean square difference (RMSD) estimates ranged from 0.01 to 0.06, indicating that the crosswalk table produced very similar observed and cross-walked scores across subgroups in the validation sample (Askew, et al., 2013).

Lia, Cella, Yanez and Stone (2014) used the Stocking-Lord calibration and fixedparameter calibration to develop linked crosswalk tables to enable the direct comparison of fatigue scores from the three most widely used fatigue instruments, including PROMIS-Fatigue with Functional Assessment of Chronic Illness Therapy-Fatigue Scale (FACIT-F), SF-36 and Neuro-QOL, to the same metric in order to facilitate fatigue outcomes interpretations. The Stocking-Lord linking method belongs to characteristic curve method that uses separate calibration instead of concurrent calibration. The factor analysis confirmed the assumption of unidimensionality of the combined three scales and the correlations between instruments are high  $(r \ge 0.88)$ , while the T-score discrepancies (Stocking-Lord minus fixed-parameter) ranged from -

0.30 to 1.10 with a mean of  $0.06$  (SD =.01), and only one participant had a discrepancy greater than 1 T-score unit (0.1 SD), supporting the score comparability between three instruments.

Additional areas such as headache, pain, self-regulation and self-harm were also found using the linking methods to facilitate score comparisons. Bjorner, Kosinski, & Ware (2003) used a generalized partial credit model (GPCM) to develop and assess the calibration of IRTbased scores on the Headache Impact Test (HIT) into the metrics of the traditional headache scales, including Migraine Specific Questionnaire (MSQ), Headache Disability Inventory (HDI), Headache Impact Questionnaire (HIMQ), Migraine Disability Assessment Score (MIDAS) using telephone interview data  $(n=1016)$  and internet data  $(n=1103)$  from general population surveys of recent headache sufferers. The results showed ICC's of calibrated HIT and the observed traditional scores were between 0.80 and 0.94 and the relative validity analyses showed the maximum mean difference between the observed and expected scores was 1.7 points on a 0–100 scale, supporting that the IRT approach could achieve comparability of new and widely-used scales (Bjorner, Kosinski, & Ware, 2003).

Masse, Allen, Wilson, & Williams (2006) used the partial credit model to compare test scores from two 8-item self-regulation scales retrieved from the Treatment Self-Regulation Questionnaire (TSRQ) with 627 firefighters aimed at improving dietary and physical activity behaviors from Oregon Health Sciences University (OHSU) and 355 adult smokers in a tobacco dependence treatment and diet intervention study from the University of Rochester (UR) using the common items as an anchor for the linking. The results showed that the principal component analysis indicated that the eight items assigned to OHSU and UR explained 40.3 and 41.6% of the total variance, respectively; and the two, eight-item TSRQ scales can be linked if they have at least four items in common (Masse, Allen, Wilson, & Williams, 2006). Masse and colleagues

(2006) found that scale reliability was reduced when fewer overlapping items were in the scales (e.g., reliability is 0.81 for 15 overlapping items and the reliability is 0.64 when there are eight overlapping items).

Chen, Revicki, Lai, Cook, & Amtmann (2009) used two approaches, common item nonequivalent group design and separately calibrated with Samejima's graded response model, to simultaneously calibrate pain items onto a common scale from two independent surveys, Initiative on Measurement, and Pain Assessment in Clinical Trials (IMMPACT) Pain Modules (n=148) and Center on Outcomes, Research and Education (CORE) Survey (n=400). The results showed the two linking approaches produce similar linking results but that the simultaneous IRT calibration method produced more stable item parameters across independent samples than separated calibration (i.e., separated calibration produced extreme item parameter estimates as high as 16.16 and 37.0). The correlations between the IRT scores of the two approaches was 0.999 for the IMMPACT and CORE samples, meaning the two calibration approaches produced very similar item characteristics (Chen, et al., 2009).

Latimer, Covic and Tennant (2012) used Rasch analysis to co-calibrate six deliberate self-harm (DSH) instruments, Self-Injury Questionnaire Treatment Related (SIQTR), Self-Injurious Thoughts and Behaviours Interview (SITBI), Deliberate Self-Harm Inventory (DSHI), Inventory of Statements About Self Injury (ISAS), Self-Harm Information Form (SHIF), Self-Harm Inventory (SHI), to develop a common measurement metric for 568 Australians aged 18- 30 years old in Australia. The results had three co-calibrations with Cronbach's alpha ranging from 0.690 to 0.827 and different scales occupied different ranges on the hierarchy of DSH (prevalence estimates ranging from 47.7 to 77.1%), meaning scales with different difficulty

levels can still be co-calibrated. This study provides a raw score conversion table and the hierarchy of DSH behaviors from six DSH scales (Latimer, Covic, & Tennant, 2012).

In summary, varied IRT linking methods were used in the previous studies, including Rasch partial credit, Rasch rating scale model, IRT summed scores approach, Samejima's graded response IRT model, general response/generalized partial credit model, two-parameter logistic graded response model, common person equating and Stocking-Lord calibration, compared to qualitative and conceptual linking or equipercentile methods used in the CTT studies. Table 2.2 demonstrates a summary of each article that used IRT-based linking methodologies in different domains of healthcare in the order of time.

The majority of the crosswalk validation studies supported score translatability between instruments with acceptable agreement using statistics such as intraclass correlation coefficients (ICC) or Cohen's effect size at group-level comparison (Askew, at al., 2013; Bjorner, Kosinski, & Ware, 2003; Holzner, et al., 2006; Qude, et al., 2014; Ten Klooster, et al., 2013; Wang , Byers, & Velozo, 2008a). For instance, Orlando and colleagues (2000) examined the validity of the cut score generated from the sum-score translation method by comparing depression classification rates of respondents at the 18-month using both the original and the translated scores, and found nearly 95% of the sample are classified in the same categories. Ten Klooster and colleagues (2013) found different IRT models can generate reliable crosswalks between observed and translated scores with similar agreement of ICC ranging from 0.72 to 0.82. Qude and colleagues (2014) found that the crosswalk between instruments could produce reliable score conversions at the diagnostic-subgroup level in a cross-cultural setting.

While most studies showed successful linking results using IRT at the group-level, it is noticeable that linking may not work as reliably as expected at the individual-level (Askew, at al., 2013; Holzner, et al., 2006; Ten Klooster, et al., 2013; Wang , Byers, & Velozo, 2008a). For instance, Holzner and colleagues (2006) found that the confidence intervals of translated scores for individual subjects were very large, thus the limited precision of individual scores are likely to lead to unreliable measures of individual differences. Wang and colleagues (2008a) found that only  $37 \sim 67\%$  of the translated scores were within 5 points of the actual scores at individuallevel comparison. Fischer and colleagues (2011) found that individual scores comparison is imprecise due to substantial statistical spread. Askew and colleagues (2013) recommended that individual scores derived from crosswalks should be used for the group-level analysis instead of using in clinical care given the additional source of inherent errors. In addition, Ten Koolster and colleagues (2014) found substantial discrepancies in agreement within individual patients. Thus, we expected that linking approach would produce better accuracy at group-level classification.

#### **Methodological Issues Related to Linking**

Chen and colleagues (2009) stated that when conducting linking, it is important to recognize the strategies in sampling and linking procedures (Haly et al., 2011). Dorans (2007) suggested three types of sampling procedures in linking, including sampling the same people, collecting the same test items, or a combination of both; and two types of linking procedures, one is to put all items in the same pool and co-calibrate the items, while the other is to use the common items to calibrate different instruments (Haly et al., 2011). In addition, three different approaches can be used to link scores from different instruments, including equating, scale alignment and prediction (Dorans, 2007). Noonan and colleagues (2012) compared these three linking methods and proclaimed that the more restrictive the approach used, the closer the link between scores. The most restrictive linking method is equating with five required assumptions:

equal construct, equal reliability, population invariance, equity and symmetrical of the linked instruments.

Consequently, several potential concerns needed to be addressed when conducting linking to ensure minimizing potential errors and maximizing reliability and validity of the final linking product. Based on the literature, the factors potentially influencing the linking results include sample size, source of items, number of items, breadth and depth of measurement, item difficulty, type of rating scale, scaling method, and psychometric rigor of the linked instruments (Chen, et al., 2009; Doran, 2007; Lia, Cella, Yanez, & Stone, 2014).

For instance, Fisher (1997) examined several studies with sample size ranging from 53 to 30,000 subjects, and along with Cook et al.'s (2007) study, these researchers stated that it is necessary to have sample sizes of 300 or more for linking health outcome measures when using IRT methodologies (i.e., Graded Response Model (GRM), the Partial Credit Model (PCM), and the Generalized Partial Credit Model (GPCM)) with the empirical evidence showing that the averaged R square values within in the sample size of 150 was 0.91 and for all other sample size from 150, 200, 300, 400, 500, 750, 1000, 1500 to 2000, the averaged R square values increased to 0.92. But in general, there is no interaction effect between model and sample size. Fischer and colleagues (2012) found inherent psychometric properties did not significantly change the results of transformed sum scores, but could lead to significantly different F values and effect sizes due to the increased main effects and interaction (Fischer, et al., 2012).

Several linking studies controlled for the pre-existing errors by removing invalid subjects or items before conducting linking procedures using a developmental sample (Latimer, Covic, & Tennant, 2012; Velozo, Byers, Wang, & Joseph, 2007). Some studies examined internal consistency of the instruments or conducted total score correlation between instruments prior to

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executing linking procedures to ensure that there was a similar construct measured across instruments (Carmody, et al., 2006; Holzner, et al., 2006).

## **IRT Models**

Thus, it is critical to choose an appropriate linking method and fulfill corresponding assumptions in order to use the linking strategy successfully. However, when considering linking strategies, multiple IRT-based linking strategies are available (Embretson, 1996; Orlando, Sherbourne, & Thissen, 2000; McHorney & Cohen, 2000). Accordingly, when using IRT-based analysis, one should take into account the different model assumptions, and the final model choice should be selected based on several different aspects, such as dimensionality, or the discrimination equality of the items (Embretson, 1996; Orlando, Sherbourne, & Thissen, 2000; Ten Klooster, et al., 2013).

In general, every IRT model needs to consider three item parameters: item discrimination (a parameter), item difficulty (b parameter), and guessing (c parameter). While the 1-parameter model (1-P; assumes that the data have no discrimination differences and guessing) and 2 parameter model (2-P; assumes that the data have no guessing) are most commonly used in healthcare because guessing parameter is not a crucial concern as it is in education. It may be challenge to determine whether 1-P or 2-P is the best model to apply since each model has its own specific strengths and limitations.

For instance, 1-P holds the strictest assumptions which are not easy to be fulfilled by real observations, but it is the easiest model to interpret both the results and its implication. Thus, a 1- P-based instrument may be more meaningful and easier for the practitioners to use. While a 2-P may fit better with the real observations with more flexibility compared to 1-P, it is more difficult to interpret the 2-P-based results. One of the major limitations of the 2-P was that 2-P

could adjust item discrimination to improve the data-model fit, so fit statistics from 2-P are lacking the confirmatory function as those in 1-P due to the fact that 1-P identifies the ideal model in advance.

However, when comparing the results statistically generated from 1-P and 2-P methods, there was a high correlation (nearly 99% in certain scenarios) of person measures between these two models (Hambleton, 1989). Ten Klooster and colleagues (2013) also found that different IRT models (i.e., 1-P model, 2-P model (Generalized Partial Credit Model; GPCM) and 3-P model (multidimensional GPCM model)) produced similar linking products even though the fundamental model assumptions are inherently different. Thus, it could simply be considered that 1-P and 2-P have "methodological differences".

Although using the 2-P extension may improve model fit, a 2-P-based linking approach is less straightforward compared to a 1-P method, because the observed sum score is no longer a sufficient statistic for the trait level estimation and resulting crosswalk contains a second source of statistical error (Ten Klooster, et al., 2013). A more conservative way is to report the results from both models (1-P and 2-P) and to examine if any differences of the results exist between models.

The Rasch model, belonging to the 1-P family, has the major advantage of the capability to generate a more straightforward crosswalk that is more robust against statistical error than the 2-P family. Since all items are equally discriminating and each observed total score is associated with only one latent trait (theta) score in the Rasch model (Andrich, 2004; Bond, & Fox, 2007; Ten Klooster, et al., 2013). In addition, the Rasch model is the only IRT model that allows translating one-to-one from the IRT score (measure score, logit) to the summed scores (raw score), thus a linear raw-measure score conversion can be automatically generated (Orlando,

Sherbourne, & Thissen, 2000). Due to its straightforward linking characteristic and simplicity in result interpretation and application, the Rasch model was selected as a fundamental basis to link instruments in this dissertation.

### **Creating an Item Bank**

While there is considerable evidence to support translating scores between instruments, the findings have been limited to translating scores between two or more instruments. An important implication not addressed by the literature is that the statistical findings that support translating scores across instruments also support combining existing instruments into an item bank. The authors know of no study that has combined translatable instruments (existing instruments) into a single item bank and further create short forms.

The proposed study will combine two features of (a) the previous linking studies by combining existing instruments (co-calibration) to create and item bank, and (b) the del Toro and colleagues (2011) approach to develop short forms from the item bank and further validate their accuracy and precision. In contrast to the previous linking studies, this dissertation focused on the psychometric development of the item bank instead of simply developing a score conversion table. This dissertation also compared the precision of different test forms such as the item banks, short forms with different numbers of items.

Studies are needed to compare the psychometrics of different test forms derived from the item bank using existing instruments. Few studies (n=3) in healthcare using IRT models to address the comparisons of different test forms (Choi, Reise, Pilkonis, Hays, & Cella, 2010; Lai, et al., 2011, Bojner, 2014). Regarding of different test forms such as short forms and CATs besides item bank, Choi and colleagues (2010) found that short forms and CATs produced highly correlated scores compared with full-bank scores, and dynamic short form (using a two-step

process including a screening question to select one of two short forms) generate measures that have comparable to CATs. Lai and colleagues (2011) found CATs in general had better precisions than short forms but all three short forms (4, 8, 12 items) showed good precision for more than 95% of the sample (individuals with fatigue) with a reliability greater than 0.9. Boiner and colleagues (2014) found that no statistically or clinically significant differences in score levels in different methods of administration among two non-overlapping parallel 8-item forms from three PROMIS domains (physical function, fatigue, and depression).

When considering measurement precision, since the item bank has all the items of the combined instruments, the item bank was expected to have the highest precision. While the CATs were expected to be able to approximate the precision of the item bank, recent studies surprisingly demonstrated that well-developed short forms could approximate the precision of the item bank and the CATs (Bjorner, et al., 2014; Choi, Reise, Pilkonis, Hays, & Cella, 2010; Fries, Cella, Rose, Krishnan, & Bruce, 2009; Lai, et al., 2011). This dissertation investigated precision and accuracy of different test forms generated from the item bank.

This dissertation differs from the PROMIS approach in that two existing instruments were combined into an item bank without changing the original root or rating scales of the original items. Typically, PROMIS studies go through an extensive process to create an item bank by modifying existing items so that all items have the same root and rating scale. Combining existing instruments instead of modifying current items to construct the item bank has the advantage for the researchers and the clinicians to use sets of items from the instruments in their original item structure (e.g., if clinicians are used to using a particular instrument, they can select items from that instrument) instead of imposing them to use a new instrument or modified items.

In addition to comparing the precision of the varied short forms and the item bank, a critical question is about how well these short forms can perform in real-life applications. For instance, the FIM is used by the CMS in an algorithm to derive FRGs for the PPS. Thus, it is important to know whether the converted score and also the short forms derived from a "function" item bank (e.g., combining ADL instruments) generated comparable FRG classifications to those derived from the original FIM. If using different test forms (here meaning different instruments, and also different lengths of the instruments) can generate comparable FRG classifications when measuring patients' function, then the usefulness of short forms can be further established. If the measurement precision and accuracy among different test forms are similar, then no matter which test form the clinical practitioners choose to use, they can obtain equivalent results.

In summary, linking can enhance meaningful score comparison, facilitate interpretation of scores across studies or populations, and may be useful for measuring longitudinal effects or monitoring continuous functional changes. In addition, generating shorter version of the instrument from the linked item bank could facilitate feasibility of the linked instrument. The present study may be a precursor to using IRT-based linking strategies to co-calibrate different instruments (e.g., depression or pain measures) into an item bank based on selected item and person parameters. Developing an item bank of existing instruments further facilitated the generation of a variety of administration test forms, could provide a viable alternative to mandating that all rehabilitation facilities use existing instruments, allowing healthcare facilities to continue using current instruments and avoid the training and costs associated with adopting a new measurement system. By validating the precision and accuracy of different test forms, the findings of this dissertation will facilitate generating state of art healthcare measurement across the continuum of care measurement.

## CHAPTER THREE

# METHODOLOGIES

#### **Hypotheses, Research Designs Measurement and Statistical Approaches**

### **3.1 Specific Aims and Hypotheses**

The overall purpose of this dissertation is to utilize an IRT measurement model to establish the best item bank (self-care physical function) using the existing instruments, Functional Independence Measure (FIM) and the Minimum Data Set (MDS) accuracy across the continuum of post-acute care (PAC), and also to develop flexible administration formats (4-item and 8-item short forms) and validate their measurement precision and accuracy.

The fundamental theoretical basis to link FIM and MDS is the latent trait model, assuming the same construct measured across instruments can be equivalently compared (Hambleton, Swaminathan, Cook, Eignor & Gifford, 1978). After a single item bank was developed by linking FIM and MDS, there were two specific phases in this dissertation, including phase 1, to build the state-of-art instruments, including full item bank, 4-item and 8 item short forms (Aims I and II) and phase 2, to validate precision and accuracy of the varied instruments (Aims III and IV) (Figure 3.1). A detailed study procedure of both phases is illustrated in Figure 3.1. Specific aims for this dissertation were described as follows:

# **Specific Aim I: Create a FIM-MDS item bank measuring daily motor that meets Item Response Theory (IRT) model requirements**

Hypothesis of Aim I: This aim did not have hypothesis. However, prior to proceed to Aim I, the operational hypothesis is that, based on the latent trait model, the FIM and MDS measure the same latent trait (daily motor**)**; therefore, the instruments can be linked.

# **Specific Aim II**: **Generate IRT-based 4-item and 8-item short forms from the item bank**

This aim did not have hypothesis. But this aim assumed that once the item bank meets the IRT requirements, for instance, the criteria of unidimensionality, then IRT-based short forms could be established.

# **Specific Aim III**: **Compare measurement precision of the IRT-based short forms and the MDS converted score to the original FIM scores**

Hypothesis of Aim III: The 4- and 8-item short forms created from the previous Aims and the MDS converted scores have similar measurement precision compared to the original measure.

**Specific Aim IV: Assess the accuracy of the IRT-based short forms and the MDS converted scores in classifying Veterans into Function Related Groups (FRGs) compared to the data collected from the original FIM (treating as a standard)**

Hypothesis of Aim IV: The 4- and 8-item short forms and the MDS converted scores will categorize Veterans into the same FRGs levels that are categorized using the original FIM score.

## **3.2 Data Source**

Data were retrieved from existing databases maintained by the Austin Information Technology Center (AITC) in Texas. The FIM and MDS data reside in two separate databases at the AITC. FIM data are contained in the Function Status and Outcomes Dataset (FSOD) (10N), and MDS data are maintained in the dataset for the Office of the Assistant Deputy under Secretary for Health at the Patient Care Services  $(10P4).$  $(10P4).$  $(10P4).$ <sup>1</sup>

Demographic variables such as age, gender, ethnicity and marital status were retrieved from the FSOD. Clinical and administrative variables were retrieved from the FSOD and MDS, including the impairment classification system of International Classification of Diseases, 9th revision, Clinical Modification (ICD-9 CM), the duration between dates for admission and discharge assessments of the FIM and the MDS. The two datasets were merged based on the scramble social security number for each Veteran at the Center of Innovation (COIN) on Disability and Rehabilitation Research (CINDRR). We only obtained de-identified data and analyzed the data at the Medical University of South Carolina (MUSC). This dissertation is part of the larger research project funded by the Department of Veterans Affairs, Health Services Research and Development from North Florida/South Georgia Veterans Health System (NFSGVHS) CINDRR. The Institutional Review Board for Human Research (IRB) at the NFSGVHS, UF and MUSC approved this study protocol prior to executing any study analysis.

#### **3.3 Study Design**

This dissertation used retrospective, secondary, national Veterans data and IRT common person equating method to link and validate a crosswalk between the FIM and MDS. We chose

<span id="page-50-0"></span> $1$  This study is part of the funded grant entitled "Item Banking across the Continuum of Care" funded by the Department of Veterans Affairs, Health Services Research and Development. Thus the method session is largely overlapped with the contents in the grant written by the original Principle Investigator, Dr. Craig A. Velozo. When Dr. Velozo took a position at the Medical University of South Carolina and a WOC at the Ralph Johnson VA Medical Center in Charleston, SC, Dr. Sergio Romero at the CINDRR became the PI.

to use common person equating method because the dataset had the same individual responded to both instruments (Dorans, 2007). In contrast to using raw score methodologies, We used Rach analysis, one-parameter IRT model, to create interval measures, an essential requirement for the most basic arithmetic operations, and also to create sample-free item calibrations, thus allowing the creation of FIM-MDS short forms  $(SFs)^1$ .

Based on the IRT assumptions, FIM-MDS item bank and the generated short forms would retain their item calibration structure for any sample from a population. Thus, the item bank created from this study provide a critical connection across two important continuums of health care measures, the FIM used at the inpatient rehabilitation facilities (IRFs) and the MDS used at the Community Living Centers (CLCs) in the Veterans healthcare services system.

### **3.4 Participants**

To minimize the potential functional status change in Veterans between FIM and MDS assessments, only respondents from the Veterans AITC system who completed both the FIM and the MDS assessments within seven days or less were selected for analysis. We decided on seven days because FIM is required to be re-assessed every week and the MDS is required to be reassessed within 14 days. This inclusion criterion included the patients who had rapid transition between the IRFs and CLCs.

A total number of 3000 Veterans were stratified randomized into two samples for phases 1 and 2 to represent the diversity of diagnoses. The first sample of 500 Veterans was used for Aims I and II; and the second sample of 2500 Veterans was used for Aims III and IV. First sample (N=500) was used to create a FIM-MDS item bank that meets IRT requirements, and generate IRT-based 4-item and 8-item short forms (SFs) from the item bank (Aims I and II). The second sample (N=2500) was used to compare precision and accuracy of the IRT-based SFs, MDS converted score and the original FIM measure (Aims III and IV).

#### **3.5 Clinical Measures**

The Veteran's Health Administration (VHA) system incorporated components of the Uniform Data System for Medical Rehabilitation (UDSmr), the most widely used clinical database for assessing inpatient rehabilitation facilities (IRFs) outcomes, into the VHA Functional Status and Outcomes Database (FSOD) (Fiedler, & Granger, 1997; Granger, & Hamilton, 1993). $<sup>1</sup>$ </sup>

The VHA Directive 2000-016 requires every VHA medical center to assess functional status of every Veteran patient who has new stroke, lower extremity amputee, and orthopedic impairment; thus the rehabilitation outcomes of these patients could be tracked in the FSOD (VHA Directive 2000-016, 2002). All clinical raters who submit data to the AITC need to complete training and credentials on FIM data collection to achieve 80% agreement through the UDSmr FIM Credentialing Examination. The practitioners who administered the MDS also need to complete required training before executing MDS assessment.

Self-care motor, as recognized as the Activity of Daily Living (ADL), was be represented by 13 items from the FIM (in the FSOD) and 13 items from the MDS (Table 3.1). Both the physical ADL items (total N=26) were included in the analysis. The FIM items were administered in inpatient rehabilitation facilities (IRFs) settings while the MDS items were administered in the Community Living Centers (CLCs) (also known as skilled nursing facilities, SNFs).

The FIM has 18 items measuring disability from basic activities of daily living to global activities, representing the core functional status measure of the FSOD. The FSOD is administered by clinicians and is used to produce IRF quarterly reports that provide the determinations of the Function Related Groups (FRG), the most common basis for development of quality indicators in rehabilitation. In this dissertation, we used 13 items from the FIM motor subscale to create the item bank.

The 13 FIM motor items have a 7-point rating scale (1 total assist, 2 maximal assist, 3 moderate assist, 4 minimal assist, 5 supervision, modified independence-device, 7 complete independence-no device), and 12 of 13 MDS motor items have two ratings scales: selfperformance (0 independent, 1 supervision, 2 limited assistance, 3 extensive assistance, 4 total dependence, 8 activity did not occur) and support provided (0 no setup or physical help, 1 setup help only, 2 one person physical assist, 3 more than two physical assist, 8 activity did not occur over the last 7 days). Three items in the MDS have rating scales that differ from above (0-4, and 8; 0, 2, 3, and 4) (Table 3.1).

While the IRFs use the FIM as the gold standard for measuring functional outcomes, the Minimum Data Set (MDS) of the Resident Assessment Instrument (RAI), is the gold standard used for monitoring similar functional outcomes in CLCs. The Omnibus Budget Reconciliation Act of 1987 (OBRA 87) federally mandated that all CLCs in the United States report the MDS for Medicare prospective payment reimbursement (Rantz, 1999). CLCs play a critical role for providing the context and tracking the healthcare status for elderly Veterans. Specifically, the VHA is the largest single provider of skilled nursing home care in the U.S., with 133 community living centers (Tsan, et al., 2008) and at least 1.5 million skilled nursing facility residents

participating in the Medicare or Medicaid programs nationwide (Jones, Dwyer, Bercovitz, & Strahan, 2009).

The MDS has 284 items assessing the cognitive, behavioral, functional and medical status of individuals residing in the skilled nursing facility (Morris, 1990), which was later renamed as Community Living Centers (CLC). Lawton et al. (1998) concluded that the items used in the MDS reflected important indicators of the physical and cognitive status of CLC residents and, thus, could be used to determine quality of care. The nurses in charge of each unit monitor assessment processes of the MDS along with relevant information provided by licensed nursing assistants, social workers, activities staffs, and medical staff (Lawton, et al., 1998). The MDS is assessed at patient admission to the skilled nursing facility, subsequently each quarter (approximately every 92 days), and/or when there is a relevant change in the patient's condition (Lawton, et al., 1998).

Previous research has provided evidence that both the FIM and the MDS have adequate reliability and validity. For the FIM, Stineman and colleagues (1996) identified the factor structure of the FIM with motor and cognitive dimensions across 20 impairment categories with 93,829 rehabilitation inpatients. Internal reliability for the FIM subscales ranged from 0.86 to 0.97 and exceeded the minimum criterion for discriminate validity (Stineman, et al., 1996). In a meta-analysis of 11 studies, the median inter-rater reliability for the total FIM was 0.95 and the test-retest reliability of the FIM was 0.95 (Ottenbacher, Hsu, Granger, & Fiedler, 1996). Rasch analysis, a 1- parameter IRT model, supported and indicated that the FIM had two constructs: motor and cognitive dimensions (Linacre, Heinemann, Wright, Granger, & Hamilton, 1994).

For the MDS, early studies showed that MDS items had excellent reliability with interclass correlations of 0.7 or higher in both the physical and cognition functioning domains (Hawes, et al., 1995). Sixty-three percent of the MDS items achieved reliability coefficients of 0.6 or higher and 89% achieved 0.4 or higher. The MDS cognitive scale corresponded closely with the Mini-Mental State Examination (MMSE), nursing judgments of disorientation, and clinical neurological diagnoses of Alzheimer's disease and other dementias (Morris, et al., 1994). The seven MDS cognitive items (short term memory, long term memory, decision making and four categories of memory recall) had an internal reliability of 0.83 to 0.88 (Morris, et al., 1994). The MDS assesses two unidimensional constructs, physical and cognition functioning (Wang, Byers, & Velozo, 2008a). In this dissertation, we only used 13 items from the MDS.

Studies suggest that the cognitive scale of the FIM and the MDS, respectively, are not as sensitive as the motor scale. For instance, Davidoff, Roth, Haughton, and Ardner (1990) failed to find a significant relationship between the cognitive subscale of the FIM and a comprehensive neuropsychological battery for patients with spinal cord injury discharged from acute rehabilitation. In addition, the cognitive construct of the MDS is not as effective as the FIM's motor scale in stratifying the functional level of CLC residents (Wang, Byers, & Velozo, 2008). Thus, in this dissertation, we only linked motor items from the FIM  $(n=13)$  and the MDS  $(n=13)$ .

#### **3.6 Statistical Software and Data Management**

Microsoft Access was used for merging data and matching data. SAS version 9.4 was used to manage data and conduct descriptive/inferential analysis (SAS Institute; Carry, NC, USA). Winsteps version 3.57.2 was used for Rasch analysis, including fits statistics, rating scale diagnoses, monotonicity and person strata (Linacre, 2014). To ensure we used consistent model

across all the analyses, we also use Winsteps to identify Differential Item Functioning (DIF) items and obtain person measure errors to draw total test error plots (Linacre, 2014). Mplus version 7.1 was used for factor analysis and residual correlation matrix (Muthén, & Muthén, 2014). For all statistical analyses, the selected level of significance was set at 0.05.

### **3.7 Data Analyses**

Descriptive statistics was performed for the two subsamples  $(N=500 \text{ and } N=2500)$ , such as age, gender, ethnicity, diagnoses, marital status, days between administrations of FIM and MDS, FIM/MDS raw scores and measure scores. Each aim in this dissertation has its own specific plans of statistical analysis, listed as follows:

# **Aim I: Create a FIM-MDS Item Bank that Meets Item Response Theory (IRT) Model Requirements**

We conducted the IRT and related psychometric analyses based on the PROMIS instrumental developing and maintaining procedures for item bank. The purpose of Aim I was to develop an IRT-based item bank. Thus, the item bank needs to fulfill the IRT models assumptions, including unidimensionality, local independence and monotonicity.

#### 3.7.1 Unidimensionality

Unidimensionality is a principal requirement of the IRT model, representing a scale measures only one construct and the single construct accounts for all item covariance (Tennant, & Pallant, 2006). We used both the fit statistics and the factor analysis to determine if the proposed self-care motor item bank is "essentially" unidimensional that meets with the following required standards of unidimensionality.

## *3.7.1.1 Rasch Fit Statistics*

Rasch fit statistics is an index to measure the difference between the estimated scores of the Rasch model and the observed scores (Bond & Fox, 2007; Wu & Adams, 2013). MnSq (mean square standardized residuals), representing observed variance divided by expected variance, was used to assess the extent of unidimensional level of each item. A low MnSq value (e.g.,  $\langle 0.9 \rangle$  implies that an item fails to discriminate respondents with different levels of ability or that item is redundant. While a high MnSq value (e.g.,  $>1.1$ ) implies that scores are variant or erratic, indicating that item does not belong to the same continuum as the other items or that the item is probably misinterpreted. Items with high MnSq values represent a threat to validity and were given greater consideration. For clinical scales, Wright and Linacre (1994) suggested a reasonable range of MnSq fit values being within 0.5 to 1.7, along with associated standardized fit statistics (ZSTD) values between  $\pm 2.0$ .

It is important to note that fit statistics alone are not sufficient to be used as assessing the dimensionality of an instrument (Smith, 2002). The more appropriate approach is to consider together both the results from fit statistics and factor analyses.

## *3.7.1.2 Confirmatory factor analysis (CFA)*

The CFA identifies the number and nature of the underlying latent factors with the prior assumption that all items load on the same/one factor based on unidimensional model. A polychoric correlations matrix was analyzed using a weighted least squares estimator with four model fit indices, including the comparative fit index  $(CFI, > 0.95)$ , Tucker-Lewis Index (TLI, > 0.95), Root Mean Square Error of Approximation (RMSEA,  $< 0.06$ ) and standardized root mean residuals (SRMR,  $< 0.08$ ) (Hu, & Bentler, 1996). The factor loadings and average absolute residual correlations were used to confirm the factor structure.

#### *3.7.1.3 Principal Components Analysis (PCA) of Rasch residuals*

The Rasch residual PCA was used to assess if there were meaningful structures of residuals after extracting the primary Rasch dimension. First contrast in the Rasch residual PCA represents the first PCA component in the correlation matrix of the residuals after extracting the Rasch dimension (Linacre, 2004, 2010 & 2012). Linacre  $(2004, 2010 \& 2012)$  suggests that unidimensionality of an instrument is supported when the Rasch dimension explains more than 40% variance of the data, the first contrast of the Rasch residual explains less than 5% variance of the data, and the eigenvalue of the first contrast is less than or equal to 2.0.

### 3.7.2 Local Independence

Local independence means the response to any item is unrelated to the response to any other item, which can be identified by the residual correlation matrix produced by the factor analyses with Mplus. High residual correlation was an indication of local dependence and the cut-off point of 0.2 from PRIMIS standard manual was used (PROMIS®, 2014). In other words, items with residual correlations above 0.2 were flagged as violating local independence (Reeve, et al., 2007b).

However, local dependence could be a particular challenge in this study because it is reasonable to maintain as many as possible items from the FIM and the MDS in the final item bank with which clinicians are familiar (e.g., FIM in IRFs and MDS in CLCs). Consequently, it is likely that the final item bank may include items that are locally dependent (e.g., eating item from the FIM and eating item from the MDS). Thus, Reeve and colleagues' approach (Reeve, et al., 2007b) of retaining locally dependent items was used to maintain the quality of preserving items, but marking them as "enemies" preventing locally dependent items from being administered to any individual. This procedure allowed us to create a "FIM" short form and a "MDS" short form generated from the item bank, allowing clinicians to use the items with which they are most familiar with (e.g., FIM or MDS) but are not locally dependent.

#### 3.7.3 Monotonicity

Monotonicity signifies that the average ability estimates for all persons in the sample who choses that particular response category increase as the numbers in the rating scale increases. In other words, the probability of endorsing a rating scale response indicative of better function should increase as person ability increases. If the predicted order is reversed, meaning this item "violates" monotonicity. The monotonous pattern of category logit measure was examined by the ordered pattern of the rating scale response from the Winsteps Rasch diagnostic summary table outputs.

#### 3.7.4 Differential Item Functioning (DIF)

DIF item means that individuals with the same level of ability do not have the same probability of endorsing a particular item due to the fact that they are belonging to different groups (e.g., male, female). For instance, diagnostic DIF item (i.e., stroke, traumatic brain injury, and lower extremity amputee patients) for the FIM and the MDS could be the communication items because respondents with similar cognitive abilities are likely to show different levels of communication abilities (i.e., respondents with left hemisphere stroke would possibly

demonstrate more deficits than those with orthopedic damage on the communication item) due to different diagnoses (i.e., left hemispheric stroke versus orthopedic damage). Winsteps Rasch-Welch (logistic regression) t-test was used to examine differential item functioning (DIF) items for Veterans under or over 65 years old (Linacre, 2014). The items are identified as a moderate to large DIF item if the DIF contrast  $\geq 0.64$  logits at significant level of p $> 0.05$ ; and identified as a slight to moderate DIF item if the DIF contrast  $\geq 0.43$  logits at significant level of p $> 0.05$ (Zwick, Thayer, & Lewis, 1999).

# **Aim II: Generate IRT-based Short Forms and Computer Adaptive Tests from The FIM-MDS Item Bank**

We recognized that varied ways could be used to construct short forms (del Toro, et. al., 20111; PROMIS®, 2014; Yu, et al., 2011). Since there are no definitive studies showing one method is superior over another, we used the short form development procedures based on the simplest model, Rasch model, by del Toro and colleagues' (2011).

### 3.7.5 Short Form Development

We eliminated any items with high residual correlation to construct the short form used in this dissertation. To ensure that each patient responded consistently to both instruments before developing a valid item bank, we also eliminated Veterans with person measures that fell outside of the 95% confidence interval error identity line. We used del Toro and colleagues' (2011) Boston naming short form procedures, including: (a) excluding items with high residual correlations  $> \pm 0.2$  to minimize item redundancy, (b) creating intervals with 2 standard errors apart starting at the item with mean item difficulty level (logit=0) to cover a full spectrum of

item difficulty, and (c) choosing the items with item discrimination closest to 1 to best fit the Rasch model.

We anchored the FIM and the MDS items to the item bank using the co-calibrated item difficulties and item step thresholds prior to developing the short forms. The short form analysis was then anchored on the co-calibrated item difficulties and step thresholds. Two final short forms were constructed. The 4-item short form and the 8-item short form generated from the item bank, FIM, and MDS. Each short form consisted of items spread across difficulty levels, and item discrimination values that were close to 1.

# **Aim III: Compare Measurement Precision of the Varied IRT-Based Short Forms and the MDS Converted Scores to the Original FIM Measures**

An independent validation dataset of 2500 participants was used to compare the precision of the varied IRT-based short forms and the MDS (n=13) converted scores. The ability estimate based on the original FIM was considered as the "gold standard."

Six new administration forms (short forms from the FIM, the MDS and the item bank) were generated. A series of analyses were conducted to compare the measurement properties across different administration forms: 1) original FIM (13 items), 2) 4-item FIM short-form, 3) 8-item FIM short-form, 4) original MDS (13 items), 5) 4-item MDS short-form, and 6) 8-item MDS short-form for measuring self-care motor.

The ability estimates and associated standard error (SE) from different administration forms were obtained. It is assumed that each respondent answered identically in the full administration of the item bank and also each administration form (original, 4- and 8-item shortforms). We defined "bias" as the difference in the ability estimate associated between the standard and an administrative form.

3.7.6 Person- and Item-level Psychometrics Comparisons

Person- and item-level psychometrics of each test form were reported, including: person ability (Mean  $\pm$  SD), minimum and maximum of person measure, item difficulty (Mean  $\pm$  SD), minimum and maximum of item difficulty, percentage of persons with maximum person measure, and percentage of persons with minimum person measure.

Significant ceiling/floor effects were identified when more than 5% of the sample had the maximum/minimum person measures. We also calculated the correlations between the fulllength test forms (i.e., item bank, FIM\_13 and MDS\_13) and the corresponding 4- and 8-item SFs (i.e., item bank\_8 items, item bank\_4 items, FIM\_8 items, FIM\_4 items, MDS\_8 items, and MDS\_4 items).

#### 3.7.7 Precision Comparisons

For each test form (original test form and generated short forms), we compared their measurement precision based on three approaches:

(a) Comparing person strata calculated from the person separation index of Rasch analysis. Person separation Index from Rasch analysis was used to determine the number of person ability strata (clinical group differences; distinguishable person ability levels) with the formula of (person separation index\*4+1)/3 (Andrich, 1982).

(b) Generating the standard error of measurement (SEM) plot for each test form based on Rasch model. Gibbons and colleagues (2014) suggested using a cut-off value of SEM as 0.3 to represent a reliability level of 0.90 for a scale with 12 items. The SEM values were presented graphically over the challenge level of test items in order to investigate how much the scale attains measurement precision across the challenge level of the scale.

(c) Calculating 95% confidence interval (CI) of the person measure standard error (SE) between the full-length administration form (i.e., item bank, FIM\_13 and MDS\_13) and the corresponding 4- and 8-item SFs.

# **Aim IV: Assess Measurement Accuracy of the IRT-Based Short Forms and Item Bank in Classifying Veterans into Function Related Groups (FRGs)**

The Functional Independence Measure–Function Related Groups (FRGs) classification system was developed by Stineman and colleagues (1994, 1995 & 1997). We used the FRG classification system to examine whether the IRT-based short forms, the MDS\_13 converted scores could classify the same patient into the same or a similar classification group compared to that derived from the original FIM measure.

The Centers for Medicare & Medicaid Services (CMS) uses Case Mix Groups (CMGs), a form of FRGs, as a basis for the IRF prospective payment system (PPS) (Stineman, 1995). The FRG algorithm uses the FIM motor (13 items) and the FIM cognitive (5 items), along with patient's age at admission to the IRF to predict the costs of treating Medicare patients (Figure 3.2; for the Rehabilitation Impairment Classification – RIC for stroke). Based on an impairment (i.e., stroke or lower extremity amputation), patients were classified into one of 20 impairment categories. Note that each category has a specific FRG model. Figures 3.3 – 3.5 showed the FRG algorithms for lower extremity amputation, knee replacement and hip replacement. Patients assigned to different FRGs are expected to have different rehabilitation outcomes and total costs

of care. Thus, the FRGs classification system provided a pragmatic accuracy examination of the newly generated measures (i.e., short forms) when comparing with the original FIM scores.

 To assess the accuracy between administration forms in classifying Veterans into FRGs, we used weighted kappa to examine agreement strength for the stroke, knee replacement, and hip replacement FRG calculations. We used kappa and McNemar's test to provide a 2x2 table for the lower extremity amputation FRG calculation due to its dichotomous FRG classification algorithm. A weighted kappa statistic for categorical data ranging from 0.21 to 0.40 demonstrates a fair strength of observer agreement, from 0.41 to 0.60 represents a moderate strength of agreement, and from 0.61 to 0.80 indicates a substantial strength of agreement (Landis & Koch, 1977). McNemar's statistics was used to test whether any association existed between classification results. The McNemar test is a test on a 2x2 classification table to test the difference between paired proportions. A value of 0.05 was used as cutoff significance in this study. Kappa statistics was used to quantify the strength of association; a kappa statistic ranging from 0.21 to 0.40 indicating a fair strength of agreement, 0.41 to 0.60 indicating a moderate strength of agreement, and 0.61 to 0.80 indicating a substantial strength of agreement (Landis  $\&$ Koch, 1977).

Since the variability of the data could significantly bias the kappa classification results, we examined the percentage of agreement in each diagnostic group instead of simply relying on weighted kappa results. Finally, we also calculated a two-way mixed method Intraclass Correlation Coefficient (ICC) between FRGa (FRG generated from the actual FIM score) and FRGc (FRG generated from the converted FIM score) for all test forms across the four diagnostic groups. However, ICC also had similar limitation as the kappa results.

#### **3.8 Final Products Generated for Each Specific Aim**

The end product for each specific aim was described as follows: For Aim I, a final item set, the motor item bank, was generated after the items meet the IRT-based criteria, including unidimensionality, model fit, monotonicity and local independence, and also the criteria of differential item functioning. For Aim II, the IRT-based short forms were established, including: FIM\_4-item short form, FIM\_8-item short form, MDS\_4-item short form, MDS\_4-item short form, Item Bank\_4-item short form, and Item Bank\_4-item short form. For Aim III, the test error plots were generated and the person strata were calculated for each administration form. For Aim IV, the percentage of individuals classified into the same, one FRG category apart  $(\pm 1 \text{ level})$  and two FRG categories apart  $(\pm 2 \text{ levels})$  were calculated. The strength of agreement between the original and the converted scores, as well as the ICC was presented. A summary table of each specific Aim with corresponding hypotheses, statistical methods and final expected products was demonstrated in Table 3.2.

#### **3.9 Strengths and Limitations of the Methods Used in this Study**

In order to recognize the advantages and limitations of the methods used in this dissertation, a comparison was made with three other study designs, using the dataset of (a) the National Health and Nutrition Examination Survey (NHANES), (b) the Medicare Data, and (c) a prospective study using a single tool at different facilities (Table 3.3). Both the NHANES and the Medicare datasets are national retrospective datasets. While the NHANES is a cross-sectional database containing serial national survey data since 1960 on the health and nutritional status of community-dwelling individuals in the United States (NHANES, 2014), the Medicare dataset is administrative data with CMS separated Medicare billing data from different healthcare

providers, such as inpatient hospitals, Medicare Part B providers and skilled nursing homes. The prospective study is a hypothesized study that aims to collect data for the same patient using both the single instrument (i.e., CARE item set) and the existing instruments (i.e., FIM and MDS) and compared the differences of the measurement results. To the authors' knowledge, currently the CMS funded researchers are conducting a prospective study; however, we have not found any published articles, therefore, we did not have any evidence to support or against our hypothesis that whether using one single instrument would generate the same or different errors as using existing instruments.

The advantages and the limitations of each study design is addressed based on the following features: sampling frame, characteristics of the dataset, required resources, internal validity, external validity and miscellaneous factors that may contribute to secondary variance or errors which may influence the study results (Table 3.3). The advantage of the proposed study design includes large sample size, less resourced needed (also time and cost) in terms of data collection and better internal reliability compared to the prospective study. In addition, the two instruments (FIM and MDS) are actual tests developed independently and are extensively used in current IRFs and CLCs compared to the NHANES study design. An advantage of the proposed retrospective study versus a prospective study is that both the patients the practitioners were blind to the study purposes when their data were collected, which contributes to better internal validity.

An additional advantage is that this dissertation used the data collected for clinical and administrative reporting purposes in real life, implying the real-life applicability, for instance, the data used in the present study may include the error encountered in real-life practice and could reflect the real-life scenario in the Veterans healthcare system.

The limitation of the proposed study include the homogeneity of the Veterans' dataset leading to decreased external validity (generalizability) because the sample is restricted to the Veterans population instead of the general population. For instance, the Veterans dataset had a characteristic that the vast majority of the respondents were male compared to the general population. In addition, even though we only included the same patient who took the FIM and MDS within 6 days, to avoid possible functional changes between being assessed by the two instruments, however, it is possible that the patients' functional status may change over these 6 days, which could possibly produce undesirable secondary variance on the outcome variable such as responding to the two instruments inconsistently. However, Wang and colleagues (2008a) found that decreased the days between two instruments administrated (e.g., decreased to 3 days) still produced similar results as 7 days. We decided to use the common scenario, which was to use a discharge FIM from IRFs and the MDS on admission to CLCs.

In summary, the study design of this dissertation has several advantages in terms of sampling frame, required resources and internal validity compared to the other three study types. However, the Medicare project may have comparable advantages and limitations and the CMSfunded prospective study may have better generalizability even though the prospective study would require much more additional cost and time to be completed (Table 3.3).

#### **3.10 Conclusion and Implications**

This study aims to link the FIM (13 items) and the MDS (13 items) motor items of the same person based on common person equating methods using the IRT Rasch model, and to validate the measurement precision of different administration forms (4-item and 8-item short form generated from the item bank). We assumed that the linking tools could provide comparable

precision and also accuracy when classifying patients into FRGs compared to using a single instrument twice within the same period of time.

The proposed study intended to develop the state-of-art motor measure across the continuum of post-acute care (PAC) for the Veteran population. In this dissertation, we specifically focused on the transition from acute to IRF to CLC (SNF) settings. In addition, we generated multiple IRT-based administration forms to reduce patients' and healthcare practitioners' assessment burden while at the same time maximizing measurement precision with sufficient breath that the item bank provides.

This dissertation challenged the current efforts to develop a single instrument across PAC and represents the potential for considerable cost savings by maintaining existing instruments and reimbursement systems (i.e., it would be unnecessary to develop the new instrument and also to unnecessary to train practitioners on new instruments). Future studies can apply the same methodologies in the extended dataset for different research areas. For instance, using the Medicare dataset to compare the total cost between using the linking tool and a single tool, in terms of FRGs classification results. In addition, future studies could link additional instruments used currently across PAC, such as MDS (used in the SNFs) and Outcome and Assessment Information Set (OASIS) (used in the Home Health Agencies; HHAs). Additionally, the same study design and methodologies could be used with different population (e.g., depression) and for different instruments (e.g., varied fear of falling scales), to replicate and validate the study design and results. In summary, this dissertation could provide meaningful and practical applications in the field of healthcare measurement.

#### CHAPTER FOUR (Manuscript\_1)

# **Continuum of Care Assessment across Post-Acute Care in Veterans: Linking Existing Instruments to Develop an Activity of Daily Living Item Bank**

### **Abstract**

**Objective**: This paper aimed to develop and examine dimensionality and item-level psychometric properties of an item bank measuring Activities of Daily Living (ADL) physical function in the continuum of post-acute care settings.

**Design**: An item response theory-based common person equating method was used with the retrospective data. Factor analyses, fit statistics and principal component analysis of Rasch residuals were used to examine dimensionality, model fit, local independence and monotonicity. Differential item functioning (DIF) was used to determine DIF items.

**Setting**: Inpatient rehabilitation facilities and community living centers in the Veterans healthcare system.

**Participants**: 371 Veterans completed both instruments within 6 days from October 2008 to September 2010.

# **Interventions**: NA

**Main Outcome Measure(s):** Pooled item responses from the Functional Independence Measure (FIM) and the Minimum Data Set (MDS)

**Results**: The FIM-MDS item bank demonstrated good internal consistency (Cronbach alpha= 0.98), met three criteria for the rating scale diagnoses (e.g., monotonicity) and three of the four model fit statistics (unidimensionality: CFI/TLI=0.98, RMSEA=0.14, and SRMR=0.07). One item (MDS walk in corridor) had residual correlation  $\geq 0.2$ , violating local independence.

Principal component analysis of Rasch residuals showed that the item bank explained 94.2% variance. The item bank covered the range of theta from -1.50 to 1.26 (item), -3.57 to 4.21 (person) with person strata of 6.3. One item (MDS bowel control) (3.8%) had slight to moderate DIF across age groups, with a DIF contrast from Winsteps larger than  $0.43$  (p<0.05). **Conclusions**: The findings indicated the ADL physical function item bank constructed from FIM and MDS items measured a single latent trait with overall acceptable item-level psychometric properties, suggesting it is an appropriate source for developing efficient test forms such as short forms and computerized adaptive tests.

*Keywords: continuity of patient care, activities of daily living, Veterans*

#### **Introduction**

Based on the nature of disease progress, patients may need healthcare services in a variety of post-acute care (PAC) to meet with their evolving needs. The term "trajectory of care" has been coined to describe healthcare services that a patient receives during their recovery process. "A trajectory of care" is synonymous with the term "episode of care", used in section 5008 of the Deficit Reduction Act (DRA) in 2005, meaning "*the care a patient receives in order to treat a spell of illness associated with a hospitalization. A trajectory may include one or more settings*" (Centers for Medicare and Medicaid Services; CMS, 2012), whereas "*a spell of illness*" covers "*all readmission and skilled nursing facility service use*" based on Medicare's definition (Research Triangle Institute International (RTI), 2009). A trajectory of PAC is provided across varied facilities, such as inpatient rehabilitation facilities (IRFs), skilled nursing facilities (SNFs; known as community living centers, CLCs, in the Veterans healthcare system), home health agencies (HHAs), long-term care hospital (LTCH) and outpatient therapy services (OTS). Based on a five percent national sample of 2006 Medicare claims data, over a third (35.2%, n=109,236) of all beneficiaries discharged from acute facilities transited to at least one type of PAC facility

(RTI, 2009). In addition, 52 percent of this group of beneficiaries went on to use at least one additional PAC service after the first PAC site (RTI, 2009). In 2007, the Medicare Payment Advisory Commission (MedPAC) spent over \$45 billion dollars on PAC (RTI, 2009). Based on its high utilization rate and cost, PAC plays an important role for patients, healthcare practitioners and policy makers.

One major challenges resulting from the continuum of post-acute care is to assess and monitor the function of patients as they transfer across different facilities. The main reason this challenge exists is that different instruments are used across the PAC continuum. For instance, the required PAC site-specific patient assessment tools for different settings include the Inpatient Rehabilitation Facility Patient Assessment Instrument (IRF-PAI) (i.e., the Functional Independence Measure (FIM) with additional demographic data such as age and gender) for the IRFs and the Minimum Data Set (MDS) for the SNFs/CLCs.

The use of different instruments across the PAC results in two major issues: 1) patient care is interrupted since functional scores are not easily translated from one facility to the next and 2) it is difficult to establish a fair reimbursement system when different facilities base their reimbursement on different functional scores. Two potential solutions could possibly solve the above-mentioned challenges. The traditional psychometric method, known as Classical Test Theory (CTT) or true score theory, supports the development of a single measurement system for all PAC venues. This is based on the concept that using a single instrument could potentially decrease measurement errors and thus further increase test reliability. However, the development and implementation of a single measurement system has significant drawback in terms of the considerable costs and challenges in implementing a new tool (e.g., modifying electronic medical records, re-training therapists on a new assessment). These barriers resulted in the CMS
terminating the implementation of the MDS-PAC, as a uniform PAC outcomes measure in 2000 (Wang, Byers, & Velozo, 2008a).

An alternative solution, which avoids the aforementioned drawbacks, is to use modern test theory, such as item response theory (IRT)/latent trait model, to link existing instruments and translate scores from different instruments across the PAC continuum. That is, all facilities could continue to use their existing instruments since a conversion system would be created to translate measures across existing instruments. The IRT methods accomplish this by assuming that an equivalent construct can be co-calibrated across different instruments, and the estimated scores of a respondent can be used to predict or explain test performance based on the latent traits of a person (Hambleton, Swaminathan, Cook, Eignor & Gifford, 1978). We hypothesized that the IRT methods can be used to combine existing measures into a single item bank that measures a single latent trait with measurement precision similar to that of using a single instrument.

An initial demonstration of the latent trait model that would support using existing instruments to measure equivalent construct across the PAC continuum is to determine whether the items on different instruments can be linked (Dorans, Pommerich, & Holland, 2010; Haley, et al., 2011; Kolen & Brennan, 2004; Velozo, Byers, Wang, & Joseph, 2007; Wang, Byers, & Velozo, 2008a). This study aimed to establish a FIM-MDS item bank that provides acceptable IRT psychometrics based on the assumption that the FIM and MDS measures a single latent trait, activity of daily living (ADL).

## **Methods**

#### *Participants*

Data for the study were extracted from the existing databases maintained by the Veterans Austin Information Technology Center (AITC). The FIM and the MDS data resided in two

separate databases at the AITC. FIM data were contained in the Function Status and Outcomes Dataset (FSOD), and the MDS data were maintained in the dataset for the Office of the Assistant Deputy under Secretary for Health at the Patient Care Services. These two datasets were merged by patient identifiers and these data were then de-identified at the COIN (Center of Innovation): Center of Innovation on Disability and Rehabilitation Research (CINDRR); North Florida/South Georgia and Tampa. The subsequent data analysis was performed at the Medical University of South Carolina. The Institutional Review Boards (IRB) for Human Research at the University of Florida and the Medical University of South Carolina approved study protocol.

The data were limited to Veterans who had: (1) new stroke, (2) lower extremity amputation, (3) knee replacement and (4) hip replacement and who were assessed on both instruments (FIM and MDS) without any missing items. We chose distinguishable four diagnoses to minimize the possibility that the same individual would be classified into more than one functional related group in the following validation study. Also, we chose groups that were used in previous study using similar linking methodologies to allow for comparison of our results to those of the previous study. For inclusion in the study, the two assessments had to be administered within six days during the period of October 2008 to September 2010.

#### *Statistical Analysis*

SAS version 9.4 was used to merge and match data and to conduct descriptive/inferential analysis (SAS Institute; Carry, NC, USA). Mplus version 7.1 was used for factor analysis and residual correlation matrix (Muthén, & Muthén, 2014). Winsteps version 3.57.2 was used for Rasch analysis, including fits statistics, rating scale diagnoses (e.g., monotonicity), person strata, and principal component analysis (Linacre, 2014). Winsteps Rasch-Welch (logistic regression) ttest was used to identify differential item functioning (DIF) items (Linacre, 2014).

## *Linking Procedures*

Rasch analysis common person equating method was used in this study. The cocalibration approach used in this study was based on Velozo and colleagues' (2007) first three steps of a similar study, including (a) using a pre-identified set of 26 items from the FIM and MDS measuring an equivalent construct of ADL, (b) removing invalid responses and (c) anchoring MDS and FIM person measures based on the co-calibrated FIM-MDS item difficulties and item step thresholds.

A sample of 500 Veterans were randomly stratified from a cohort of 3,000 Veterans, across four impairment groups (stroke, lower extremity amputation, knee replacement and hip replacement and) in this study. The person measures for the FIM and MDS were generated by anchoring separate analyses on item and step measures from a co-calibration of the 500 Veterans (Velozo, Byers, Wang, & Joseph, 2007). We employed Velozo and colleagues approach for removing invalid data (Velozo, Byers, Wang, & Joseph, 2007). The overall concept is to build the measurement instrument using the most valid data. For any ADL measure, a reasonable expectation is that patients should have similar scores on similar measures. For example, a patient with an overall score that represents dependence on the FIM is expected to obtain a score that represents dependence on the MDS. If this expectation is not met, the data are considered invalid and the patient's data is removed from the analysis. To accomplish this, we plotted FIM person measures against MDS person measures and excluded Veterans with person measures that fell outside of the 95% confidence interval error identity line. Through this procedure retained a sample of 371 (74.2%) Veterans for the following analyses in this study. *Item Bank Testing Based on IRT Model Requirements*

The FIM-MDS item bank of 371 Veterans was examined to determine if it fulfilled the IRT model assumptions, including unidimensionality, local independence and monotonicity. We also identified items with differential item functioning (DIF) items, i.e., items showing a different probability of response from people from different age groups but the having same ADL ability. MDS data conversion procedures were based on previous Velozo and colleagues' (Velozo, Byers, Wang, & Joseph, 2007) study, from the original rating scale (i.e., 012348) to match with the rating scale of FIM (i.e., 1234567) for all the following analyses. This conversion procedure was also supported based on conceptual meanings of the items from both instruments (Jette, Haley, & Ni, 2003). Converting the rating scale enabled the scores to represent the patient's ability in the same direction from both instruments.

Confirmatory factor analysis (CFA) and Rasch fit statistics were used to determine if a scale is "essentially" unidimensional, meaning only a single construct was measured (Tennant, & Pallant, 2006). For clinical scales (Wright & Linacre, 1994), a reasonable range of mean square standardized residuals (MnSq) fit values were 0.5 to 1.7, with associated standardized fit statistics (ZSTD) of values between  $\pm 2.0$  (Wright & Linacre, 1994). A CFA polychoric correlation matrix was used with a weighted least squares estimator of four model fit indices, including the comparative fit index (CFI,  $> 0.95$ ), Tucker-Lewis Index (TLI,  $> 0.95$ ), Root Mean Square Error of Approximation (RMSEA, < 0.06) and standardized root mean residuals (SRMR,  $< 0.08$ ) (Hu, & Bentler, 1996; Reeve, et al., 2007b). The factor loadings and average absolute residual correlations were also used to confirm the factor structure. We hypothesized that the FIM-MDS item bank is a one-factor model structure by measuring the same latent trait of ADL.

The Rasch residual principal components analysis (PCA) was used to assess if there were meaningful structures of residuals after extracting the primary Rasch dimension. First contrast in

the Rasch residual PCA represents the first PCA component in the correlation matrix of the residuals after extracting the Rasch dimension (Linacre, 2004, 2010 & 2012). Linacre suggested that unidimensionality of an instrument is supported when the Rasch dimension explains more than 40% variance of the data, and the first contrast of the Rasch residual explains less than 5% variance of the data (Linacre, 2004, 2010 & 2012). Local independence was identified by the residual correlation matrix produced by the factor analyses with Mplus. The items with residual correlations beyond ±0.2 were identified as violating local independence (PROMIS®, 2014; Reeve, et al., 2007b).

The rating scale structure was evaluated based on three criteria: 1) having at least ten responses in each rating category, 2) a monotonous pattern of category logit measure, and 3) the outfit mean square value for each rating scale was less than  $\pm 2.0$  (Linacre, 2002). Monotonicity was examined by the increase of the probability of endorsing a rating scale response while the person ability increases. If the predicted order is reversed, it means that the item "violates" monotonicity. Rasch-Welch (logistic regression) t-test examined group differences across age (under 65 versus over 65 years). The items were identified as a DIF item if the DIF contrast  $\geq$ 0.43 logits at significant level of p>0.05 (Zwick, Thayer, & Lewis, 1999).

All psychometric analyses were accomplished using the 371 Veterans. Items in the item bank that did not fit the unidimensional model, have residual correlation above  $\pm 0.2$ , have significant DIF values, were reviewed by the research team to determine if the items should be removed, the clinical relevance was also used to make final item elimination decisions. The final item bank, that meets the essential requirement of unidimensionality, was used for Rasch analysis to generate point-measure correlation, person strata and item-person map. Point-measure correlation is an index demonstrating the Pearson point-measure correlation coefficients between

the item observations and the corresponding Rasch measures (estimated including the current response) (Linacre, 1998). A value larger than the absolute value of 0.3 was considered acceptable. Person separation index was used to calculate the number of levels of person ability (person strata) distinguished by the item difficulties and calculated as  $(4Gp + 1)/3$ , where Gp is person separation (Wright & Masters, 1982, p. 106). An item-person map was used to determine ceiling/floor effects. Greater than 5% of the sample being at the ceiling or floor was considered as significant ceiling/floor effects.

## **Results**

Participants had a mean age of 67.0 years old (*SD*=11.0), with a range from 22 to 90 years old. Six (1.6%) Veterans who were older or equal 90 years old were grouped as one group and were identified as 90 years old. The majority of the participants in this study were male (n=354, 95.4%), White (n=233, 62.8%) and married (n=161, 43.4%) (Table 1). The average number of days since onset was  $173.4 \pm 1331.3$  days, about 6 months. The mean days between the administrations of the FIM and the MDS was 3.1 days (SD=2.1), with a range from zero to six days. There were 164 (44.2%) Veterans with stroke, 77 (20.8%) with lower extremity amputation, 74 (19.9%) with knee replacement and 56 (15.1%) with hip replacement (Table1).

The FIM-MDS item bank met three out of four model fit criteria (CFI/TLI=0.98> 0.95, RMSEA=0.14> 0.06, and SRMR=0.07< 0.08) for treating the item bank measuring one factor (Table 2). The PCA showed that Rasch dimension (person and item measures) explained 94.2% variance of the scale, far above 40%, and the first contrast of the Rasch residual explains 0.8% variance of the data, far less than 5% criteria. The person reliability (Cronbach alpha) of the 26 item FIM-MDS item bank was 0.98. All test items met three rating scale criteria such as monotonicity and showed local independence, except one item (MDS *walk in corridor*) which

had residual correlations above ±0.2 with two items: MDS *walk in room* (0.272) and MDS eating (-0.242) (Table 2). All items had point-measure correlations larger than 0.3 (range from 0.56 to 0.90). The raw scores of the FIM and the MDS correlated at -0.93. The measure scores of the FIM and the MDS correlated at 0.85. The raw scores and the anchored measure scores of the FIM and the MDS correlated at 0.93 and 0.85, respectively, after adjusting for rating scale direction. One item, MDS *bowel control*, had DIF contrast of 0.56, larger than criteria of 0.43 (p<0.05), indicating slight to moderate DIF (Figure 1).

A total of 15 items (57.7%) from the item bank showed fit statistics between 0.5 and 1.7. Misfitting items included five items with high infit values and six items with low infit values (Table 4). Items with high fit values did not fit well with the Rasch model; while the items with low fit values were Guttman-like items (fit the model too well). For practical reasons, we had more concerns about items with high fit values, which were MDS *bladder* and *bowel control*, *locomotion off unit*, *walk in corridor* and *walk in room.* The items with low fit values included FIM *dressing upper and lower body*, bathing, *toileting*, *toilet (transfer)* and *bed/chair/wheelchair (transfer)*. The items with high fit values were all MDS items and the items with low fit values were all FIM items. In general, the average person ability (Mean=0.49, SD=0.20) was higher than the item difficulty of the item bank (Mean= 0.0, SD=0.05). Person measures had skewed distribution towards the end of higher ability (Figure 2).

The item difficulty hierarchy showed eating was the easiest item and walking was the most difficult item (Table 4  $\&$  Figure 2). The range of item difficulty of the item bank is 2.76 (Min= $-1.50$ , Max= $1.26$ ) logits while the range of person ability is 7.78 (Min= $-3.57$ , Max= $4.21$ ) logits. Overall, the MDS items were slightly more difficult  $(0.55 \pm 1.3)$  than the FIM items  $(0.36$  $\pm$  1.5). The MDS items covered a wider range of item difficulty (range=2.76 logits) and had the

easiest and the most difficult items in the item bank compared to the FIM items (range=1.98 logits). The person separation index was 4.51 and person strata was 6.3 (Table 3).

## **Discussion**

This study was the first step to establish a psychometrically sound item bank prior to propose an alternative solution for developing the PAC continuum measurement by cocalibrating two existing ADL instruments currently used across PAC settings. The FIM-MDS item bank demonstrated overall good item-level psychometric properties, including good internal consistency, good person strata, good point-measure correlation, overall good model fit and acceptable fit statistics for 21 of 26 items, indicating that both instruments measure the same construct (ADL; self-care physical function). The compatibility of the FIM and the MDS was also supported by the high correlations of both the raw scores and the measure scores. One item, MDS *bowel control*, had slight to moderate DIF and one item, MDS *walk in corridor*, had high residual correlations. However, we kept both items in the final item bank in order to cover a full spectrum of item difficulty levels in the item bank because these two items were the easiest and the most difficult item. In addition, the CFA results supported 1-factor model of all 26 items. Last, we retained all 26 items in the final FIM-MDS item bank because our following studies could minimize the concerns of item redundancy by not choosing multiple items with high correlations or flagging only one of the highly correlated items since we would develop short forms from the item bank.

Compared to Velozo and colleague's study (2007), both studies used the same linking method (i.e., Rasch common person equating) and demonstrated similar psychometric properties of the FIM-MDS item bank for the similar population (i.e., Veterans with disabilities). This study had a larger sample size  $(371 \text{ versus } 236)$  and was slightly more restrictive on the number of

days between administrations between FIM and MDS (6 versus 7 days), suggesting more reliable study results. The FIM-MDS item bank in this study demonstrated better internal consistency (0.98 versus 0.94), better point-measure correlations (0.56-0.90 versus 0.54-0.84), similar raw score and person measure correlations (-0.93, 0.85 versus -0.81. 0.72) but more misfitting items (eleven vs. five misfitting items). The higher percentage of misfit items may be due to Veterans having an overall higher ability than the mean item difficulty in this study compared to a more well-matched item difficulty/person ability distributions in the previous Velozo et al. (2007)'s study. However, both studies showed consistent results for four misfit MDS items, including MDS *bladder control*, MDS *locomotion off unit*, MDS *walk in corridor* and MDS *walk in room*. This finding was consistent with several studies that suggested incontinence and ambulation items should be considered as separate constructs other than ADL (Nilsson, Sunnerhagen, & Grimby, 2005; Velozo, Magalhaes, Pan, & Leiter, 1995; Velozo, Byers, Wang, & Joseph, 2007). Only current study utilized CFA, PCA and residual correlations to elaborate the determination of factor structure for the item bank while previous Velozo et al. (2007)'s study only utilized Rasch analysis to determine unidimensionality of the scale. In summary, both studies supported that the self-care physical function items of the FIM and MDS measured the same construct with acceptable to good item-level psychometric properties.

This study showed the FIM-MDS item bank had an ADL item difficulty hierarchy that was similar to that found in previous studies (Linacre, Heinemann, Wright, Granger, & Hamilton, 1994; Velozo, Byers, Wang, & Joseph, 2007; Wang, Byers, & Velozo, 2008a & b; Velozo, Magalhaes, Pan, & Leiter, 1995), supporting the previously-identified concept of global measurement system of the physical ADL functioning. This global ADL item difficulty

hierarchy has been demonstrated across diagnostic groups and different populations such as the Veterans.

The current study particularly focused on co-calibrating the FIM and MDS items and developing a psychometrically sound item bank, instead of developing a raw-score conversion table between instruments (Velozo et al., 2007). The optimal goal of current study was to generate a linked item bank that could be applied in efficient administration formats such as short forms (SFs) and computerized adaptive tests (CATs), to decrease the assessment and respondent burden for practitioners and patients, respectively. Establishing a well-developed item bank is the first step to further developing efficient delivery forms. Thus, the positive findings of this study are a crucial first step to developing a linked measurement system that can be applied across the PAC continuum. By using data collected for clinical and administrative reporting purposes, the results of this study have clear implications for future clinical applications. The results of our study suggest that a linked FIM-MDS item bank can be the foundation for SFs and CATs which would provide for continuous and efficient assessments that are practical for clinical practice, without the need to adopt a new single instrument across PAC continuum.

#### **Study Limitations**

The first limitation of the study is the possibility of functional changes between the administration of the two instruments. To reduce the influence of functional changes, this study only included the data of the same Veteran who had completed both the FIM and the MDS data within 6 days; however, it is still possible that the patients' function could change over this short period of time, which may potentially produce undesirable noise in the data. However, Wang and colleagues (2008a) found that using a 3-day window between administrations produced similar

results as a 7-day window. Based on that finding, the length of time between FIM and MDS administrations may not significantly affect the outcome measures of the current study. A second limitation of this study was that the data used were restricted to the Veterans population, which may have different demographic characteristics such as most individuals were male and tended to be older compared to the general population. Thus, the results might have limited generalizability. However, the psychometric results of the item bank may not differ across Veterans and civilians (i.e., eating items represent the easiest items and walking items represent the most difficult items for both Veterans and civilians). Furthermore, this study used the retrospective data that did not prospectively collected for the purposes of this study. Thus, the existing limitations such as rater bias could not be controlled in the data. Lastly, removing person measures that differed significantly between the FIM and MDS before co-calibrating the two instruments may favor more promising psychometric qualities. Note, that the logic behind this "cleaning" of the data, is to build the item bank using only valid responses (i.e., having the same individual scored high on one instrument indicating high functional ability and low on the other instrument indicating low functional ability is assumed to be due to invalid scoring). The second phase of our larger study, the validity testing, will use the data from all subjects (i.e., no elimination of invalid responses).

## **Conclusions**

This study found that the FIM-MDS item bank had acceptable to good item-level psychometric properties, suggesting a single construct could be measure by these two instruments. We will use this item bank to develop short forms to decrease assessment burden for the clinical practitioners. In addition, we will conduct future studies to investigate the measurement precision and accuracy of the item bank and its multiple test forms, comparing the

item bank and the test forms against the original instrument scores (i.e., the original 13-item FIM).

## **Appendix**

Variables Community-Dwelling Veterans (n =371)<br>Number % Number<br> Age (range: 22-90 y/o) Mean=67.0 (SD=11.0) Age Group  $\leq 65$  y/o Mean=58.8 (SD=0.39)  $> 65 \text{ y/o}$  Mean=76.9 (SD=0.55) Averaged number of days since onset Mean= 173.4 (*SD*=1331.3) Gender Male 354 95.4 Female  $14$  3.8 Missing 3 0.8 Ethnicity White 233 62.8 Black 22.4 Native American 1.1 Hispanic 19 5.1 Other 19 5.1  $Missing$   $13$   $3.5$ Diagnoses Stroke 164 44.2 Lower Extremity Amputation 77 20.8 Knee Replacement 74 19.9 Hip Replacement 56 15.1 Marital Status Single 37 10.3 Married 161 43.4 Widowed  $26$  7.0 Separated 18 4.9

Table 1. Demographic Characteristics of Participants in this Study (n=371)



Dimensionality Analysis Criteria	<b>FIM-MDS</b>		
CFI (>0.95)	0.98		
TLI $(>0.95)$	0.98		
RMSEA $(<0.06)$	0.14		
<b>SRMR</b> $\langle 0.08 \rangle$	0.07		
Local Independence	96.2% (25/26) items		
(Residual correlation $\leq \pm 0.2$ ) Monotonicity	100% (26/26) items		

Table 2. Factor Analysis of the FIM-MDS Item Bank (n=371)

	<b>FIM-MDS</b> Item Bank
Person Reliability (Cronbach alpha)	0.98
Person separation Index	4.51
Person Strata	6.3
Person Ability	Mean=0.49, $SD=0.20$
Item Difficulty	Min= $-3.57$ , Max= $4.21$ (Range=7.78) Mean=0, $SD=0.05$ Min= $-1.50$ , Max= $1.26$ (range= $2.76$ )
Misfitting Items	42.3% (11/26) items
(Both High and Low Fit)	
<b>Floor Effect</b>	0% $(0/371)$ persons
Ceiling Effect	0% $(0/371)$ persons

Table 3. Item-level Psychometric Properties of the FIM-MDS Item Bank (n=371)

Items	Score		Model S.E.	Infit		<b>Point Measure</b> Correlation	
	Raw	Measure		Mnsq	<b>ZSTD</b>		
walkcorridormds	1125	1.26	.04	1.81	8.5	.61	
<b>STAIRFIM</b>	1188	1.16	.04	1.42	4.8	.67	
bathingmds	1284	1.01	.04	1.10	1.2	.73	
walkroommds	1313	.96	.04	1.75	7.8	.67	
locomoffunitmds	1597	.48	.04	2.13	9.9	.64	
dressingmds	1658	.37	.04	.78	$-2.8$	.84	
<b>TRANTUBFIM</b>	1668	.35	.04	.78	$-2.8$	.83	
toiletingmds	1706	.28	.04	.65	$-4.8$	.87	
<b>WALKFIM</b>	1712	.27	.04	.86	$-1.8$	.82	
<b>BATHFIM</b>	1734	.22	.04	.48	$-7.7$	.89	
<b>DRESSLOWFIM</b>	1753	.19	.04	.49	$-7.5$	.88	
<b>TOILETFIM</b>	1773	.15	.05	.32	$-9.9$	.90	
<b>TRANTOILETFIM</b>	1779	.13	.05	.40	$-9.0$	.89	
hygienemds	1782	.13	.05	.79	$-2.6$	.85	
<b>TRANCHAIRFIM</b>	1833	.02	.05	.34	$-9.9$	.90	
locomonunitmds	1950	$-.25$	.05	1.53	4.9	.78	
<b>DRESSUPFIM</b>	1973	$-.31$	.05	.49	$-6.6$	.89	
<b>BLADDFIM</b>	1976	$-.32$	.05	1.22	2.2	.82	
<b>BOWELFIM</b>	1996	$-.37$	.05	1.14	1.4	.81	
<b>GROOMFIM</b>	2028	$-46$	.05	.58	$-5.0$	.87	
bedmobilitymds	2052	$-.53$	.05	1.26	2.4	.82	
transfermds	2089	$-.64$	.05	1.65	5.4	.73	
eatmds	2140	$-.80$	.06	1.40	3.5	.78	
<b>EATFIM</b>	2148	$-0.82$	.06	.86	$-1.4$	.83	
bowelmds	2193	$-.97$	.06	2.01	7.5	.76	
bladdermds	2328	$-1.50$	.07	3.36	9.9	.56	

Table 4. Item Difficulty Hierarchy of the FIM-MDS Item Bank (n=371)



Figure 1. Differential Item Functioning across Age (Age Group >65 or below)



## Figure 2. Item-Person Map of the FIM-MDS Item Bank

EACH '#' IS 3.

Abbreviations: STAIRFIM=FIM\_Stairs; bathingmds=MDS\_Bathing; walkcorridormds=MDS\_Walk\_in\_Corridor; locomoffunitmds=MDS\_Locomotion\_Off\_Unit; dressingmds=MDS\_Dressing; TRANTUBFIM=FIM\_Tub, Shower (Transfer); walkroommds=MDS\_Walk\_in\_Room; toiletingmds=MDS\_Toilet\_Use; WALKFIM=FIM\_Walk/Wheelchair; BATHFIM=FIM\_Bathing; DRESSLOWFIM=FIM\_Dressing\_Lower\_Body; TOILETFIM=FIM\_Toileting; TRANTOILETFIM=FIM\_Toilet\_(Transfer); hygienemds=MDS\_Personal\_Hygiene; TRANCHAIRFIM=FIM\_Bed, Chiar, Wheelchair (Transfer); DRESSUPFIM= FIM\_ Dressing\_Upper\_Body; BLADDFIM=FIM\_Bladder\_Management; locomonunitmds=MDS\_Locomotion\_on\_Unit; BOWELFIM=FIM\_Bowel\_Management; GROOMFIM=FIM\_Grooming; bedmobilitymds=MDS\_Bed\_Mobility; transfermds=MDS\_Transfer; eatmds=MDS\_Eating; EATFIM=FIM\_Eating; bowelmds=MDS\_Bowel\_Management; bladdermds=MDS\_Bladder\_Management

#### CHAPTER FOUR (Manuscript\_2)

## **Continuum of Care Assessment across Post-Acute Care in Veterans:**

# **Comparisons of Functional Independence Measure-Minimum Data Set Short Forms**

## **Abstract**

**Objective**: This study aimed to generate feasible linking assessment in efficient administration formats of short forms (SFs) to decrease assessment burden for practitioners across the postacute care settings. We compared 4- and 8-item SFs generated from a Functional Independence Measure (FIM™) - Minimum Data Set (MDS) self-care physical function item bank.

**Design:** The 4- and 8-item SFs were developed based on del Toro and colleagues' (2011) procedures. This paper examined person strata, ceiling/floor effects, person fits, test standard error (SE) plot for each administration forms and 95% confidence interval (CI) of anchored person measures with the corresponding SFs.

**Setting**: Veterans' inpatient rehabilitation facilities and community living centers.

**Participants**: 2500 Veterans who completed both FIM™ and the MDS within 6 days collected by the Veterans Austin Information Technology Center during years 2008 through 2010. **Interventions**: NA

#### **Main Outcome Measure(s):** FIM and the MDS

**Results**: The six SFs were generated with 4- and 8-items across a range of difficulty levels from the item bank, FIM and MDS. Overall, SFs with the same number of items had similar person strata and test error. The three 8-item SFs all had higher correlations with the item bank  $(r=0.82 \sim 0.95)$ , higher person strata and less test error than the corresponding 4-item SFs (r=0.80~ 0.90). The three 4-item SFs did not meet the criteria of SE less than 0.3 for any theta values.

**Conclusions**: In general, short forms with the same numbers of items demonstrated similar precision regarding person strata and test error. The 8-item SFs appear to have the best balance between precision and efficiency.

*Keywords: outcome assessment (health care), activities of daily living, Veterans*

## **Introduction**

The Improving Medicare Post-Acute Care Transformation Act of 2014 (the IMPACT Act), signed by President Obama on October 6, 2014, addressed the need to develop crosssetting quality measures, especially in the post-acute care settings of Long-Term Care Hospitals (LTCHs), Skilled Nursing Facilities (SNFs), Home Health Agencies (HHAs) and Inpatient Rehabilitation Facilities (IRFs) (Centers for Medicare & Medicaid Services (CMS), 2015). The IMPACT Act stated that "…by using common standards and definitions in order to provide access to longitudinal information for such providers to facilitate coordinated care and improved Medicare beneficiary outcomes…" (CMS, 2015).

Thus, it is crucial to establish a continuum of care measurement across post-acute care (PAC) facilities for the purposes of monitoring patients' function and ensuring fair healthcare reimbursement. While developing a single instrument across facilities to measure patients' function is a traditionally acceptable solution, this approach inevitably demands a considerable amount of money, time and resources to construct a new tool with new items, as well as extensive training that could cause a tremendous burden for the healthcare practitioners (CMS, 2011). An alternative solution to the problem is to link existing instruments to generate a continuum of care measurement, allowing different settings to keep their existing instruments, avoiding the complications of adapting a new single measure such as administration training, or the need to change the original electronic support systems. Linking existing instruments based on item response theory (IRT) methodology has the advantage of using IRT inherent linking nature to construct an item bank, and developing efficient administration forms such as short forms or computerized adaptive tests (CAT). Based on previous findings (Buchanan, Andres, Haley, Paddock, & Zaslavsky, 2004; Wang, Byers, & Velozo, 2008a), we assumed that developing an item bank using of linked instruments would have similar error levels as using the original instruments. However, one issue arisen was that an item bank might lead to relatively large sets of items (e.g.,  $> 25$ ).

This concern can be resolved through the creation of efficient instruments. Thus, methods are needed in order to create short forms for clinicians and patients to use. Generating short forms from a linked item bank would reduce patients' and the healthcare practitioners' assessment burdens. However, it was not clear whether the shorter versions of the instrument could introduce more or similar error compared to the original instruments. Traditional ways researchers used to create short forms including analysis of variance such as stepwise regression (Bukstein, McGrath, Buchner, Landgraf, & Goss, 2000) and factor analysis (Landgraf, 2007). However, these traditional methods tended to create short forms with ceiling and floor effects. One way to avoid these limitations is to use the IRT-based methodologies. In addition, the advantage of IRT-based short forms could select items covering low, medium and high item difficulties that match with the range of person abilities. Thus, this study focused on investigating measurement precision of the SFs composed of different numbers of items from the item bank based on IRT methods.

In a previous study, our research team created an item bank combining the Functional Independence Measure (FIM™) and the Minimum Data Set (MDS) (Li, et al, 2015a). The developed FIM-MDS item bank showed acceptable unidimensional model fit based on

confirmatory factor analysis (CFI/TLI=0.98, RMSEA=0.14, and SRMR=0.07) and good internal consistency (Cronbach alpha= 0.98), indicating a single dominating latent trait measured in the FIM-MDS item bank. The present study examined difference and similarities of measurement precision of varied short forms generated separately from different instruments (i.e., FIM and MDS) in the same item bank. We assumed that the generated short forms with the same item numbers would have comparable measurement precisions and produce similar person measures for each patient. While item banking allows for the linking of assessments across the continuum of care, short forms are needed to facilitate the feasibility of linked instruments and reduce assessment administration burdens for the clinicians and the patients. In summary, the main purpose of this study was to develop and compare the short forms generated from the item bank. Specifically, this study aimed to: (a) generating 4- and 8-item short forms from the previously validated self-care physical function item bank composed of FIM and MDS, and to (b) comparing measurement precision of the generated short forms.

#### **Methods**

## *Participants*

A sample of 3000 Veterans was obtained from the Veterans Austin Information Technology Center (AITC). We conducted stratified randomization of this sample as 500 Veterans for item-bank development (phase I) (Li, et al, 2015a) and 2500 Veterans for using the developed item bank to generate the short forms and validate the precisions of the short forms (phase II). We only analyzed the second sample of 2500 Veterans in this study.

The participants included were the Veterans who: (a) had a stroke, lower extremity amputee, knee replacement or hip replacement; we chose these four with the intent to compare our findings to Wang et al. (2008a)'s study and also because these were the most distinguishable four diagnoses that could classify the same individual into only one functional-related group, (b) completed both the Functional Independence Measure (FIM) and the Minimum Data Set (MDS) within 6 days through October 2008 to September 2010, and (c) did not miss any item in both instruments.

## *Statistical Analysis*

SAS 9.4 was used to manage data and conduct descriptive data analysis (SAS Institute; Carry, NC, USA). Winsteps version 3.57.2 was used to generate person reliability index, person separation index, person measure, person misfit, person mean/standard deviation (SD), item mean/SD, and total test standard error plots (Linacre, 2014). Microsoft Excel version 2010 was used to compare person measures of two administration forms with 95% confidence interval plots of standard errors.

## *Developing Six Short Forms*

We developed six short forms from the FIM-MDS item bank, FIM and MDS; including: (a) full bank  $8$  items, (b) full bank  $4$  items, (c) FIM  $8$  items, (d) FIM  $4$  items, (e) MDS  $8$  items, and (f) MDS\_4 item short forms (SFs). We referred to the 13 item instruments as the FIM\_13 and MDS\_13 throughout the manuscript. The six short forms were compared to the FIM\_13 and MDS\_13 and the full item bank.

The short forms were generated based on del Taro and colleagues' (2011) Rasch short form development procedures, including (a) excluding items with high residual correlations >  $\pm 0.2$  to minimize item redundancy, (b) creating intervals with 2 standard errors apart starting at the item with mean item difficulty level to cover a full spectrum of item difficulty, and (c) choosing the items with item discrimination closest to 1 to best fit the Rasch model. We anchored the FIM and the MDS items to the item bank using the co-calibrated item difficulties

and item step thresholds prior to developing the short forms. For example, FIM\_8-item SF was developed from the item bank after anchoring the FIM\_8-item to the item bank.

## *Comparison Measurement Precision between Short Forms*

We used three approaches to compare measurement precision between the item bank and the short forms. The first approach was to compare person strata calculated from the person separation index of Rasch analysis. The second approach was to generate the standard error of measurement (SEM) plot for each test form based on Rasch model. Gibbons and colleagues (2014) suggested using a cut-off value of SEM as 0.3 to represent a reliability level of 0.90 for a scale with 12 items. The SEM values were presented graphically over the challenge level of test items in order to investigate how much the scale attains measurement precision across the challenge level of the scale. The third approach was to calculate 95% confidence interval (CI) of the person measure standard error (SE) between the full-length administration form (i.e., item bank, FIM\_13 and MDS\_13) and the corresponding 4- and 8-item SFs.

Person- and item-level psychometrics were also reported, including: person ability (Mean  $\pm$  SD), minimum and maximum of person measure, item difficulty (Mean  $\pm$  SD), minimum and maximum of item difficulty, percentage of persons with maximum person measure, and percentage of persons with minimum person measure. Significant ceiling/floor effects were identified when more than 5% of the sample had the maximum/minimum person measures. We also calculated the correlations between the full-length test forms (i.e., item bank, FIM\_13 and MDS\_13) and the corresponding 4- and 8-item SFs (i.e., item bank\_8 items, item bank\_4 items, FIM\_8 items, FIM\_4 items, MDS\_8 items, and MDS\_4 items).

#### **Results**

Participants had a mean age of 67.1 years old (*SD*=11.3), with a range from 19 to 90 years old. Sixty-three patients with age older than 89 were classified as aged of 90 years old and identified in the same age group. The majority of the participants in this study were male (n=2377, 96.2%), White (n=1576, 65.6%), married (n=1064, 42.5%), admitted for initial rehabilitation (n=2362, 94.5%), and pre-living setting was at an acute medical/surgical care unit in the same rehabilitation facility (n=1113, 44.5%) (Table1). The average length of days between the administrations of the FIM and the MDS is 3.2 days, with a range from 0 to 6 days. There were 1066 (42.6%) participants with stroke, 472 (18.9%) with lower extremity amputee, 568 (22.7%) with knee replacement and 394 (15.8%) with hip replacement (Table 1).

The FIM\_13 had slightly higher person ability estimated means as the MDS\_13  $(0.77\pm0.29$  versus  $0.57\pm0.28$ ) (Table 2). We investigated the relationship between the FIM\_13 and MDS\_13 in the same item bank to ensure both instruments measure the individuals in the same direction. A moderate correlation was found between person measures of the FIM\_13 and MDS\_13 (r=0.63). The MDS\_13 had a wider spectrum of item difficulties and a slightly lower measurement precision compared to the FIM\_13 (person strata= 4.17 and 3.84 for FIM\_13 and MDS\_13, respectively) (Table 2). The correlations of the person measures between of the full bank, FIM  $13$ , the MDS  $13$  and the corresponding SFs were moderate to very high (r= 0.95 and 0.91 for full bank\_8-item and full bank\_4-item; r=0.99 and 0.96 for FIM\_8-item and FIM\_4 item; r=0.89 and 0.87 for the MDS\_8-item and MDS\_4-item. Overall, the full-length tests (i.e., item bank, FIM\_13 and MDS\_13) had higher correlations with all the 8-item SFs than all the 4 item SFs (Table 3).

The full item bank had the highest person strata of 5.4 and the MDS 4 item SF had the lowest person strata of 2.2 (Table 2). The full item bank had an overall better person strata and the least test total error compared to all the other test forms, covering the widest range of theta, which was a comparison standard in this study (Table 2, Figures 3). Item bank, item bank 8 item SF and item bank\_4 item SF did not show any ceiling or floor effects. However, FIM\_13, FIM\_8 item SF and FIM\_4 item SF all had floor effects and MDS\_13, MDS\_8 item SF and MDS\_4 item all had ceiling effects. MDS\_4 item had the largest ceiling effects (18.9%) while FIM\_4 item had the largest floor effects (6.72%) (Table 2).

Figures 1-3 showed SE plots for the various combinations of 13 item instruments and SF instruments relative to the full item bank. Figure 1 shows the SE plots for all test forms. FIM\_13 and MDS\_13 had similar standard error (SE) patterns and were the closest to the SE pattern of the item bank (Figure 1). When comparing FIM\_13, MDS\_13 and all three 8-item SFs, the FIM\_13 had a slightly better measurement precision compared to the MDS\_13 between -5 logits and .3 logits. However, the MDS\_13 showed better precision at the extremes. Especially at the lower end, the MDS\_13 showed the same SE as the full item bank between -3 to-2 logits (Figure 2). The FIM\_13 had similar test error compared to the all three 8-item SFs (Figure 2).

For all three full-length test forms (i.e., item bank, FIM\_13 and MDS\_13) and all six SFs (two from each), when the number of total test items decreased, the number of person strata decreased and the total test error increased (Table  $2 \&$  Figure 1). When the number of items was the same, it showed similar person strata among different administration forms (Table 2), but the measurement precision varied across the range of person ability (Figures 2 & 3). For example, the person strata were 3.47, 3.37 and 3.16 for the item bank\_8 item SF, FIM\_8 item SF and MDS\_8 item SF; 2.35, 2.45 and 2.2 for the item bank\_4 item SF, FIM\_4 item SF and MDS\_4item SF (Table 2). Figure 2 presents the 8\_item SFs relative to the item bank. For the three 8 item SFs, the MDS\_8 item had the least test error at the lower theta levels (-3.8 to -2.5 logits) but the highest test error at the higher theta compared to the other two (2.5-3.8 logits) (Figure 2). However, for test error below 0.3, three 8-item SFs covered similar ranges of theta (Figure 2). Figure 3 presents the 4-item SFs relative to the full item bank. All three 4-item SFs showed similar SE patterns. The full-bank SF had two "bumps" (higher test error) at about -1 theta. All three 4-item SFs showed the test error higher than the criteria of 0.3 (Figure 3).

We only represented the plots of 95% confidence interval (CI) of error bands between (a) the item bank versus item bank\_8 item SF, and (b) the item bank versus item bank\_4 item SF in this paper (Figures 5 & 6). However, we put all the other plots of 95% CI of error bands as the supplementary materials and could be obtained by request. Table 4 presents the number and percentage of person measures outside the 95% error bands. The MDS\_8 showed the highest percent of person measures outside the 95% confidence bands (8%) (Table 4). All other SFs showed less than 5% of person measures outside the error bands with the FIM SFs overall showing the lowest percentage (Table 4).

## **Discussion**

This study generated varied 4- and 8-item SFs from the FIM-MDS item bank and compared their measurement precisions across Veterans PAC settings. The overall finding was that when the numbers of item increased, the error of the test decreased and person strata increased (e.g., 8-item SFs showed more strata and lower overall SE than 4-item SFs) regardless of which instruments were used. Similarly, correlations of the SFs with the item bank increased with the number of items increased.

The MDS\_13 had a slightly lower person strata value (i.e., worse measurement precision) compared to the FIM\_13, but showed lower test error in the both extreme ends of person ability levels that especially approached the item-bank error curve at the lower end; this may be due to its wider spectrum of item difficulties that was a similar characteristic as the item bank. The FIM\_13 had slightly higher person strata compared to the MDS\_13 and had the least error within the middle range of person ability, also for the corresponding 4- or 8-item SFs. When the number of items was the same, the test forms had similar pattern of total test error and person strata. Three 8-item SFs demonstrated comparable person strata and total test error with the item bank, FIM 13 and MDS 13. This finding supported the idea of using IRT methods to develop "equiprecise" measurements, indicating "equal" measurement precision across instruments. Thus, this finding suggested that healthcare practitioners could choose any SFs (with the same number of items) they are comfortable to use to obtain similarly precise results.

While there was an overall pattern showing more items corresponding with less error, there were some pattern differences within SFs. For instance, MDS\_8-item SF had least error for the lower theta but higher error for the higher theta compared to other 8-item SFs. Overall, all 8 item SFs had person strata of 3 and all 4-item SFs had person strata of 2, indicating 8-item SFs distinguished physical self-care function better in Veterans. In addition, all three 4-item SFs showed the test error higher than the criteria of 0.3, indicating less reliability as the 8-item SFs. These findings indicate that a match between difficulty levels of the short form and ability levels of the persons determined the most precise short form. As the result, the FIM and MDS appear to match the severity levels of the patients for which they are typically used. Higher ability level persons who are typically in inpatient rehabilitation facilities are assessed with the FIM and lower ability level persons who are typically in skilled nursing facilities are assessed by the MDS. This is further evidence that it may not be ideal to use a single instrument across all PAC settings. Rose et al. (2008) also found the precision of different tests differed at varied ranges of person ability; for instance, the Health Assessment Questionnaire (HAQ)-9 item showed highest precision with lower ability persons and the 36-Item Short Form Health Survey (SF-36) showed highest precision with higher ability persons for persons with varied disability conditions (Rose, Bjorner, Becker, Fries, & Ware, 2008).

Regarding the short form and the computerized adaptive tests (CAT), there is the possibility that CAT may have some advantages over SFs. Fries et al. (2009) and Hol et al. (2007) found CAT-based assessment offered superior performance over fixed short forms with the same numbers of item or even greater length. However, Reise and Henson (2000) found that if the SFs are designed to consist of most-administered CAT items, then the SFs showed comparable precision to the CAT. Thus, well-designed SFs may achieve the precision of CATs. Using IRT to develop SFs chooses items based on the item-level psychometrics (i.e., item difficulty), thus providing some advantages over classical test theory (CTT) methods that treat the test as a whole. The advantage of IRT-methodology used in the present study is that one can assure that items were selected across the range of person abilities.

Within the IRT-based methods, different IRT-model had different item selection criteria when developing a short form. For instance, Rose and colleagues' (2008) chose the items representing the highest discriminative values to create the short form; while Ornstein et al. (2015) developed two short forms, 5- and 10-items, from the original 20-item Family Satisfaction with End-of-Life Care scale using a selection of most informative items based on graded response model (a 2-parameter model). It is noted that the results of both studies were consistent with our results in that the longer SFs had higher precision.

There were two persons with unexpected increases in error for the Item Bank\_4-item SF at the theta level approximately of -1, which did not happen in any other test forms. However, these two persons were within the fit statistics criteria of the Rasch model, indicating their responses were not erratic, which was unexpected. We also noticed that FIM\_13 and relevant SFs (derived from FIM) had very high correlations, while the MDS\_13 had lower correlations with its relevant SFs. However, this was as expected and we wanted to emphasize that for the FIM\_13 and relevant SFs, the same individuals responded to the same instruments at the same time with the same rater; while the MDS\_13 and relevant SFs, the same individuals responded to different instruments at different time and with different raters. In addition, we assumed that the modification of the MDS rating scale structure (from a four to a seven point) to match rating scales of the FIM could also contribute to more error in the MDS\_13 and its relevant short forms. Also, the conversion process could also produce unexpected variance.

In summary, using existing instruments to create an item bank allows the generation of short forms with acceptable precision that would have sufficient sensitivity in detecting treatment effects (i.e., minimal clinical differences) with fewer numbers of items. The finding supported comparable measurement precision of the varied short forms with the same item numbers. Since the 4-item short forms did not meet the 0.3 or less SE criterion, in order to maximize precision and minimize assessment burden, the 8-item short forms appears to have the best balance between precision and efficiency and could be considered as a preferred instrument.

Short forms not only minimize assessment burden for the practitioners and the patients but also provides the practitioners flexibility to choose the instruments practitioners are presently using efficiently. For instance, the practitioners could choose associated short forms that may be most appropriate for the patients they evaluate, i.e, FIM for higher ability patients typically

treated in inpatient rehabilitation and MDS for low ability patients typically treated in skilled nursing facilities. The finding supported developing a continuum of measurement using existing instruments by generating an item bank and further supported developing relevant short forms to improve feasibility of the existing instruments for the practitioners and the patients.

## **Study Limitations**

The limitations of this study included: (a) we did not compare the similarities or inconsistencies of SF development methods based on different IRT models; (b) this study was not generalizable to populations beyond the Veterans population.

## **Conclusions**

We have demonstrated the possibility to use different existing instruments to construct an item bank and further developed varied short forms. There were three main findings in this study, including: a) test forms with the same number of items generated from different instruments showed similar precision, thus suggesting that clinicians can use the instruments they are most familiar with (i.e., FIM for inpatient rehabilitation facilities and MDS for skilled nursing facilities), supporting using existing instruments at different settings; b) the main factor in determining measurement precision appears to be the number of items (SFs with 4 items had inadequate precision); c) finally, a good balance between precision and efficiency appears to be an 8 item short form.

## **Appendix**



Table 1. Demographic Characteristics of Participants in this Study (n=2500)



	<b>Full Bank</b>	$FIMa (N=13)$	$MDSa (N=13)$	<b>Full Bank 8SF</b>	FIM 8SF	MDS 8SF	<b>Full Bank_4SF</b>	FIM 4SF	MDS 4SF
Reliability	0.97	0.98	0.94	0.92	0.96	0.94	0.79	0.89	0.85
Person Separation	3.82	2.88	2.63	2.35	2.28	2.12	1.51	1.59	1.40
Index									
Person Strata	5.4	4.17	3.84	3.47	3.37	3.16	2.35	2.45	2.2
Person Ability	$0.55 \pm 0.20$	$0.77 \pm 0.29$	$0.57 \pm 0.28$	$0.73 \pm 0.34$	$0.77 \pm 0.35$	$0.50 \pm 0.35$	$0.78 \pm 0.49$	$0.87 \pm 0.52$	$0.46 \pm 0.44$
$(Mean \pm SD)$									
Range of Person	7.22	6.23	6.06	5.56	5.49	4.92	4.60	4.59	3.87
Measure (Min $\sim$	$(-3.34 - 3.88)$	$(-2.77 - 3.46)$	$(-3.09 - 2.97)$	$(-2.34 - 3.22)$	$(-2.39-3.10)$	$(-2.59 - 2.33)$	$(-1.98 - 2.62)$	( –	$(-1.99 - 1.88)$
Max)								$2.02 - 2.57$	
Item Difficulty	$0 \pm 0.02$	$0.02 \pm 0.02$	$-0.02 \pm 0.02$	$0.16 \pm 0.02$	$0.06 \pm 0.02$	$-0.10 \pm 0.02$	$0.11 \pm 0.02$	$0.05 \pm 0.02$	$0.06 \pm 0.02$
$(Mean \pm SD)$									
Range of Item	2.03	1.98	2.76	1.96	1.98	1.98	1.96	1.98	1.81
Difficulty (Min $\sim$	$(-1.13 - 0.90)$	$(-0.82 - 1.16)$	$(-1.50 - 1.26)$	$(-0.80 - 1.16)$	$(-0.82 - 1.16)$	$(-0.97 - 1.01)$	$(-0.80 - 1.16)$	$(-$	$(-0.80 - 1.01)$
Max)								$0.82 - 1.16$	
Percent of Persons	0.48%	1.12%	$8.96\%*$	1.08%	1.36%	17.44%*	1.28%	1.68%	18.88%*
with Maximum	(12/2500)	(28/2500)	(224/2500)	(27/2500)	(34/2500)	(436/2500)	(32/2500)	(42/2500)	(472/2500)
Scores *Ceiling									
Effect									
Percent of Persons	$0\%$	5.76%*	0%	3.08%	$6.12\%*$	2.84%	3.72%	$6.72\%*$	3.92%
with Minimum	(0/2500)	(144/2500)	(0)	(77/2500)	(153/2500)	(71/2500)	(93/2500)	(168/2500)	(98/2500)
Scores *Floor									
Effect									

Table 2. Within-Subject Precision Comparisons

FIM<sup>a</sup>: FIM-Anchored/MDS<sup>a</sup>: MDS\_Anchored/SF: Short Form

\* indicates significant ceiling/floor effects (greater than 5% of the total sample); Yes^: NOTE: rating scales of 3 and 6 had no values because of converted rating scale mechanism

	Full Bank	$FIM_13$	$MDS$ 13	Full	FIM 8SF	MDS_8SF	Full	FIM 4SF	MDS 4SF
				Bank_8SF			Bank_4SF		
Full Bank									
$FIM_13$	0.889								
$MDS_13$	0.865	0.631							
Full	0.951	0.917	0.773						
Bank_8SF									
FIM 8SF	0.884	0.988	0.629	0.922					
MDS_8SF	0.824	0.635	0.892	0.742	0.623				
Full	0.905	0.864	0.744	0.956	0.876	0.746			
Bank_4SF									
FIM_4SF	0.865	0.956	0.621	0.904	0.974	0.611	0.753		
MDS 4SF	0.809	0.624	0.874	0.739	0.612	0.977	0.753	0.602	

Table 3. Correlations between Item Bank, FIM, MDS, All Three 8-item Short Forms and All Three 4-item Short Forms






**Theta (Person Ability/Item Difficulty)**

Figure 1. Test Error Plot of All Test Forms (n=2500)



Figure 2. Test Error Plot between Full Bank and All 8-item Short Forms (n=2500)

**Theta (Person Ability/Item Difficulty)**



Figure 3. Test Error Plot between Full Bank an d All 4-item Short Forms (n=2500)

**Theta (Person Ability/Item Difficulty)**



Figure 4. The 95% Confidence Interval Plot between the Item Bank and 8-item Item Bank Short Form (r= 0.95)



Figure 5. The 95% Confidence Interval Plot between the Item Bank and 4-item Item Bank Short Form (r= 0.90)

Supplementary Materials Figure 6. The 95% Confidence Interval Plot between the FIM and 8-item FIM Short Form  $(r= 0.99)$ 





Figure 7. The 95% Confidence Interval Plot between the FIM and 4-item FIM Short Form (r= 0.96)



Figure 8. The 95% Confidence Interval Plot between the MDS and 8-item MDS Short Form (r= 0.89)



Figure 9. The 95% Confidence Interval Plot between the MDS and 4-item MDS Short Form (r= 0.87)

#### CHAPTER FOUR (Manuscript\_3)

# **Continuum of Care Assessment across Post-Acute Care in Veterans: Measurement Accuracy Comparison of Short Forms Generated from Functional Independence Measure and Minimum Data Set Item Bank**

#### **Abstract**

**Objective**: To compare measurement accuracy of varied short forms (SFs) generated from the self-care physical function item bank composed of Functional Independence Measure (FIM™) and the Minimum Data Set (MDS).

**Study Design and Setting**: This study used retrospective data of 2499 Veterans who completed both FIM and MDS within 6 days. We compared measurement accuracy between the converted FIM score (FIMc) generated from 4- and 8- item SFs and the original actual FIM-13-item (FIMa) motoric score at: (a) individual level using point differences, and (b) group level using functional related group (FRG) classification system.

**Results**: The result showed mixed findings. The differences of mean FIMa and FIMc scores generated from FIM SFs, MDS SFs and MDS\_13-item were within 1.07-0.05 points. At least 55% FIMc generated from all forms were within 10 points of the FIMa. Eighty-one to ninety percent of FRGs generated by two FIM SFs were the same as those generated by the FIMa for stroke, lower extremity amputation, knee and hip replacement; 59.9-90.5% by all MDS test forms. When considering the impact of error (within one FRG difference), above 74% agreement was found by all MDS test forms across all four diagnoses. Kappa statistics demonstrated strong agreement (0.70–0.95) for all diagnoses when the data had sufficient variability.

**Conclusion**: Using existing instruments to generate a continuum of care measurement depends on the comparison level (i.e. individual or group level), the length of the SF and which FRG is used.

*Keywords: self care, physical activity, patient outcome assessment, Veterans, classification, care continuity*

#### 1. BACKGROUND/SIGNIFICANCE

The need for developing a cross-setting measure has resulted in efforts to develop a single instrument. The Centers for Medicare & Medicaid Services (CMS) funded the development of the Continuity Assessment and Record Evaluation (CARE) Item Set, a uniform patient assessment instrument designed to provide continuum care documentation across acute to post-acute facilities, including acute hospitals, Inpatient Rehabilitation Facility (IRF), Skilled Nursing Facility (SNFs)/Community Living Center (CLC), Home Health Agency (HHA) and Long-Term Care Hospital (LTCH) (CMS, 2012 & 2015).

The CARE Item Set uses the same scoring system across the post-acute care (PAC) continuum, with the hope to generate comparable scores and standardize patient assessment data (CMS, 2012). This instrument includes a comprehensive item set and core item set as functional status quality metrics, including motor functional status (self-care and mobility) and cognitive functional status (memory, problem solving and communication), additional clinical information (e.g., skin integrity and allergies/adverse drug reactions) and demographics data (CMS, 2012). However, practical challenges regarding developing and implementing a new universal assessment tool are often underestimated. Such concerns included requiring widespread resources (e.g., money and time) for instrumental development, instrumental validation, new instrument administration training and new reimbursement software development. A new universal tool not only needs considerable researche to support its reliability and validity, but

also inevitably requires administration training, new report generation and extensive modifications of existing electronic medical records. In addition, a universal tool requires a large item set that may have inappropriate items for particular settings. As a result, some items from the universal tool will not applicable to assess some patients' functional levels. For example, easy item such as "rolling left and right on the bed" may be important to measure patients residing in the community living center but may be inappropriate to measure patients at the outpatient rehabilitation unit (Wang, Byers, & Velozo, 2008a).

We proposed an alternative cost-efficient solution of linking existing instruments into an item bank to allow for developing a measurement across the continuum of care. Using the item response theory (IRT)-based linking method allows test items from different assessments to be placed on a common scale, thus, scores of different assessments can be comparable. Linking existing instruments allows practitioners to continue using the instruments that they have been accustomed. Developing short forms from the item bank composed of existing instruments could further facilitate assessment efficiency and reduce assessment burden for the practitioners and patients.

To demonstrate feasibility of linking existing instruments to create a continuum of care measurement, we created an item bank composed of the Functional Independence Measure (FIM™) used in IRFs and the Minimum Data Set (MDS) used in CLCs in the Veterans healthcare system. This self-care physical function item bank had a total of 26 items composed of FIM and MDS motor items which have been examined for its item-level psychometric properties (Li, et al., 2015a). We developed six short forms from this FIM-MDS item bank, including item bank\_4- and 8-item, FIM\_4- and 8-item, MDS\_4- and 8-item short forms. We have previously evaluated the measurement precision of these short forms (Li, et al., 2015b).

This study is an extension of previous linking research/ It is aimed to evaluate measurement accuracy of the developed short forms, to address the concerns about measurement accuracy of a linked item bank. Accuracy was evaluated based on whether the converted scores from different instruments could classify patients into the same disability level as the original scores. If using converted scores from the existing instrument could generate similar measurement accuracy as using the original scores, then the concept of developing a continuum of measurement using existing instruments sould be supported.

The CMS uses Case Mix Groups (CMGs), a form of Function Related Groups (FRGs), as a basis for the inpatient rehabilitation facility (IRF) prospective payment system (PPS) (Stineman, 1995). Stineman and colleagues (1994, 1995 & 1997) conducted a series of studies to develop the FRG algorithms to predict the cost of treating Medicare patients. The FRG algorithms used the FIM physical functioning (13 items) and the FIM cognitive (5 items) scores, along with patients' age at admission to the IRFs. Based on the rehabilitation impairment classification, patients are classified into one of 20 diverse impairment diagnoses (e.g., stroke) (Stineman, 1997). Each impairment diagnosis has a specific FRG algorithm resulting in different numbers of FRG categories. Patients assigned to different FRG groups are expected to have different rehabilitation outcomes and total costs of healthcare.

This study used the FRGs classification system as a pragmatic method to examine measurement accuracy at group level for the "converted" FIM score (i.e., FIM scores generated by different sets of items from the item bank). We compared the scores derived from the original FIM and different test forms, to investigate whether the converted FIM scores could classify the same patient into the same or a similar classification levels. We used the 4- and 8-item short forms from the item bank to generate FIM converted scores, and used the converted scores to

assign FRGs. We hypothesized that short forms generated from either FIM items or the MDS items will generate similar FRGs categories for Veterans compared to those generated from the original FIM.

# 2. METHODS

#### *2.1. Participants*

This study used a retrospective data of 2500 Veterans with diagnoses of stroke, amputation, hip replacement and knee replacement from the Veterans Austin Information Technology Center (AITC) databases. Each participant completed both full instruments of FIM and MDS within 6 days through October 2008 to September 2010. We only analyzed motor items of both FIM  $(n=13)$  and MDS  $(n=13)$  in this study. To generate FRGs, we also used FIM cognitive scores and age of each Veteran. The ability estimate based on the original FIM was considered the "gold standard" which was referred to as the FIM actual score (FIMa). In this study, we generated four FRG diagnoses: stroke, lower extremity amputation, knee replacement and hip replacement.

# *2.2 Instruments*

We used the short forms generated from FIM-MDS self-care physical function item bank that was developed using an independent random set of Veterans (n=500). FIM 8-item, FIM 4-item, MDS\_13-item, MDS\_8-item, and MDS\_4-item scores were converted to the FIM scores (FIM converted, FIMc). We developed the 4- and 8-item SFs based on del Toro and colleagues' (2011) short form development procedures and examined person strata, ceiling/floor effects, person fits, test standard error (SE) plot and 95% confidence interval of anchored person measures for each short form in the previous study (Li, et al., 2015b). The results showed that short forms with the same numbers of items demonstrated similar precision regarding person strata and test error.

Also, all 4-item SFs did not meet the criteria of SE less than 0.3 for any theta values (Li, et al., 2015b).

# *2.3 Analysis Procedures*

Regarding of examining measurement accuracy of short forms, at the individual level, we used Kolmogorov-Smirnovwill statistics to test normality of the distribution. Based on the normality test results, we will use paired sample t-test for parametric data and Wilcoxon signed rank sum test for nonparametric data to compare distribution differences between FIMa and FIMc scores. Point difference was the absolute value calculated between the actual FIM (FIMa) and the converted FIM (FIMc) ( $|FIMa-FIMc|$ ). We calculated the percentage of converted scores that were within 5- and 10-point differences. We also demonstrated point difference distributions of each test form. Pearson correlation coefficient was calculated between the FIMa and FIMc for all test forms. A value of 0.05 was used as the indication of significance. Intraclass correlations coefficients (ICC) were calculated between FIM\_13 and all other test forms. We used two-way mixed method to calculate absolute agreement for ICC. ICC values less than .40 were classified as poor, between .40 and .59 was fair, between .60 and .74 was good, and between .75 and 1.0 was excellent (Hallgren, 2012).

At the group level, we compared FRG classifications generated from each short forms (FIM converted: FIMc) to the "actual" FRG classification by the FIM (FIM actual: FIMa). This study used three FRG classification algorithms in total because the FRG algorithm for knee replacement and hip replacement was the same.The elements of stroke, knee replacement and hip replacement FRG algorithms included FIM-motor scores, FIM-cognition scores and age. Only one element, the FIM-motor scores, was replaced and generated from the varied forms to classify FRGc. We used the original FIM cognitive scores in all FRG algorithms. After

calculating the FRGs from the FIMa and FIMc, we determined the percentage of FRGs falling into the same FRG category (perfect agreement), one category apart  $(\pm 1 \text{ level})$ , two categories apart ( $\pm$  2 levels), and also categories greater than two categories apart ( $\pm$  3  $\sim$   $\pm$ 7 levels).

In addition, we quantified the strength of association of the FRG classification results from FIMa and FIMc to account for the distance between each categorical difference. We used weighted kappa to examine agreement strength for the stroke, knee replacement, and hip replacement FRG calculations. We used kappa and McNemar's test to provide a 2x2 table for the lower extremity amputation FRG calculation due to its dichotomous FRG classification algorithm. A weighted kappa statistic for categorical data ranging from 0.21 to 0.40 demonstrates a fair strength of observer agreement, from 0.41 to 0.60 represents a moderate strength of agreement, and from 0.61 to 0.80 indicates a substantial strength of agreement (Landis & Koch, 1977). Because the variability of the data could significantly bias the kappa classification results, we also examined the percentage of agreement in each diagnostic group. Finally, a two-way mixed method ICC was calculated between FRGa and FRGa for all test forms across the four diagnostic groups. It should be noted that ICC also have similar limitation as the kappa.

# 3. RESULTS

#### *3.1 Participants*

After removing a person with a miscoded age and thus not qualified to be classified into the FRG, a final total number of 2499 Veterans who had diagnoses of stroke (n=1065, 42.6%), lower extremity amputee (n=472, 18.9%), knee replacement (n=568, 22.7%) and hip replacement  $(n=394, 15.8\%)$  was included in the study. Mean age in this sample was 67.1 (SD=11.2) years old (range=19 to 90 years old). Sixty-three (2.5%) patients were identified into the same group with the age older than 89 years old (Table 1). The majority of the sample was male (96.2%),

white (65.5%), married (42.5%) and lived at acute unit at the same rehabilitation facility (44.5%) or at home (20.1%) prior to their transition to another facility. This is representative of the Veteran population. The average length of days between the administrations of the FIM and the MDS was 3.2 (SD=2.1) days (Table 1).

#### *3.2 Accuracy Comparisons at Individual Level- Point Difference*

The FIM original and converted scores all had negatively skewed distributions for each test form (i.e., FIM\_13, FIM\_8, FIM\_4, MDS\_13, MDS\_8, and MDS\_4) indicating the individuals tended to have higher FIM scores (better self-care physical function). Score distributions of all test forms violated the normality assumption (all p-value <0.05). Thus, we used Wilcoxon signed rank sum test to compare score distribution difference between FIMa and FIMc. Wilcoxon signed rank sum test showed significant difference of median score distribution between the FIMa and FIMc, regardless of which test form was compared (all p-value <0.0001) (Table 2).

The distributions of absolute point difference of each test form were positively- skewed, indicating the majority of point difference was low (Figure1,  $(a) - (e)$ ). Fifty-six to ninety-nine percent of the FIMc scores were within 10 points of the FIMa, while FIM short forms showed the least point differences with 95-99 percent of the scores within 10 points of the FIMa, the MDS test forms showed 57-65 percent of the scores within 10 points of the FIMa (Table 2). Thirty-one to ninety-two percent of the FIMc scores were within 5 points of the FIMa, while FIM short forms showed the least point differences with 78-92 percent of the scores within 5 points of the FIMa, the MDS test forms showed 31-39 percent of the scores within 5 points of the FIMa (Table 2).

*Correlations between Original Scores and Converted Scores from Varied Test Forms*

Correlations for all short forms between the FIMa and FIMc were significant (range= 0.75 to 0.99). The correlations for FIM 8-item and FIM 4-item were 0.99 and 0.97, and the correlations for MDS 13-item, MDS 8-item and MDS 4-item were 0.81, 0.78 and 0.75, respectively (Table 2). The converted scores generated from all test forms had excellent ICCs with the FIM\_13 scores (Table 2).

# *Accuracy Comparisons at Group Level- FRG Classification*

At the group level, we calculated the percentage of agreement using the FIMa (actual score) and FIMc (converted score) to classify each individual into one of the FRGs. We used FRGa to represent the FRG generated by FIMa and FRGc to represent the one generated using FIMc. Table 3 presented the percent of FRGc that were within 1 or more classifications of the FRGa. We identified agreements as exactly the same (perfect agreement),  $\pm 1$  category apart,  $\pm 2$ categories apart and more for each diagnosis. Overall, the FRG agreement of the FIM SF generated FRGs was higher than MDS generated FRGs. For all four diagnoses, the FIM\_8-item SFs had the highest perfect agreement (85.16-97.97%) and MDS\_4-item had the lowest perfect agreement (59.91-80.93%). The range of perfect agreement of stroke FRGc for all test forms was between 59.91 to 85.16 percent, agreement apart by  $\pm 1$  category was 74.46 to 95.67 percent, and agreement apart by  $\pm 2$  categories was 80.75 to 97.74 percent (Table 3). Ninety-five percent or greater of classifications were within 2 categories for the FIM\_8-item SFs and 3 categories for the FIM\_4-item SF. Above 74% of classifications were within 1 categories for the MDS\_13-item, MDS\_8-item SF and MDS\_4-item SF. Above 81% of stroke FRGc classifications were within 2 categories for all the MDS test forms (Table 3).

The diagnosis of amputation only had two FRG groups. Thus, the range of perfect agreement of amputation FRGc for all test forms was between 80.93 to 95.34 percent. Both 4-and 8- item

FIM SFs had above 92 percent perfect agreement. MDS\_13, MDS\_4 and MDS\_8 SFs had above 82 percent perfect agreement across diagnoses of knee/hip replacement and lower extremity amputation (Table 3). The range of perfect agreement of knee replacement FRGc for all test forms was between 78.35 to 97.71 percent, agreement apart by  $\pm 1$  category was 92.26 to 98.60 percent, and agreement apart by  $\pm 2$  categories was 94.9 to 99.83 percent for every test form; FIM\_8, FIM\_4 and MDS\_13 all had above 90 percent perfect agreement (Table 3). The range of perfect agreement of hip replacement FRGc for all test forms was between 69.80 to 97.97 percent, agreement apart by  $\pm 1$  category was 84.52 to 98.98 percent, and agreement apart by  $\pm 2$ categories was 92.89 to 100 percent, even though there are seven FRG groups; both 4- and 8 item FIM SFs had above 94 percent perfect agreement. All MDS test forms had above 92.89 percent agreement within 2 categories (Table 3). Overall, the knee and hip replacement FRGs had the highest percent of perfect agreement for the two FIM SFs, while the stroke FRG had the lowest percent of perfect agreement. MDS\_13-item had the highest perfect agreement for knee replacement FRG and lowest perfect agreement for stroke FRG. The two MDS SFs had the highest perfect agreement for amputation FRG and lowest perfect agreement for stroke FRG (Table 3).

Agreement strength was presented in Table 4. Overall, within each test forms, strength of agreement decreased with a decrease in the number of items, especially for the MDS forms. For stroke, knee replacement and hip replacement, all weighted kappa/kappa results were significant with the FIM SFs showing strong to very strong agreement and the MDS SFs showed weak to strong agreement (Table 4). Kappa statistics only provide accurate test values for the diagnoses with adequate variability. Thus, the Kappa statistics generated from the MDS test forms for the knee replacement FRGs may not be reliable. For stroke, agreement strength ranged from 0.69 -

0.93, with FIM short forms showing very strong agreement and MDS SFs showing strong agreement. The ICCs showed good to excellent for all the test forms of the stroke, amputation, hip replacement FRGs. However, for knee replacement, the MDS forms had poor-fair ICCs (Table 4).

#### 4. DISCUSSION

The findings from the above study need to be discussed as two separate studies due to differences in data sources of the FIM and MDS scores. FIM SFs in the present study were from the same individuals, at the same time and assessed by the same raters. In contrast, the MDS SF's were the same individuals that were measured by the FIM but were assessed at different times and assessed by different raters.

Overall FIM SF's performed well at estimating the original FIM (13 items) both at the individual level (i.e., comparing point difference) and group level (i.e., comparing FRG levels). At the individual level, 78-92% of FIM\_4 and FIM\_8 converted scores were within 5 points from the original FIM (13 items). At the group level, across all diagnoses, 92-100% of FIM\_4 and FIM\_8 generated FRGs were within  $\pm 1$  of the original FIM. These findings strongly suggest that FIM SF could be effective in both measuring and classifying individuals in IRF and SNF/CLCs.

The MDS\_13, MDS\_8 and MDS\_4 did not perform as well as the FIM SFs in generating converted scores. At least some of this decrement in performance is a function of the MDS being assessed at different times and by different raters than the FIM. At the individual level, only 31- 39% of MDS\_4, MDS\_8 and MDS\_13 converted scores were within 5 points from the original FIM (13 items). At the group level, MDS produced conversion results that were more acceptable. Across all diagnoses, 74-94% of MDS\_4, MDS\_8 and MDS\_13 generated FRGs were within  $\pm 1$ 

of the original FIM. These findings suggest that while MDS converted scores are inaccurate for measuring, they may be acceptable for classifying individuals in IRF and SNF/CLCs.

The findings from the present study are similar to those of Wang and colleagues (2008a). These investigators found 33.7% of MDS\_13 within 5 points of the original FIM (we found 39%). Regarding the accuracy in using converted MDS scores for generating FRG's, Wang and colleagues found 67% of stroke FRGs were within  $\pm 1$  of the original FIM (we found 79%) and 83% of amputation FRGs within  $\pm 1$  of the original FIM (we found 82%). Slight differences in the findings may have been due to minor differences in score conversion process and differences in the samples. In addition, our study showed slightly better agreement (60-64%) between FIM and MDS converted scores than what Buchanan and colleagues (2004) found (56% agreement) of PPS classifications between FIM and MDS-PAC-to-FIM™ scores.

Measurement accuracy at FRG group level decreased when the number of items in both the FIM and the MDS SFs decreased. For example, FIM short form accuracy for  $\pm 1$  decreased from 96% to 92% for FIM\_8 and FIM\_4, respectively while MDS accuracy decreased from 79% to 74% for MDS\_13, MDS\_8 and MDS\_4, respectively. Our previous precision comparison study (Li, et al., 2015b), demonstrated the decrease in FIM and MDS precision was primarily a function of the decrease in the number of items.

Across both instruments and all short forms, the stroke FRG demonstrated the lowest overall percentage agreement, the knee replacement FRG demonstrated the best agreement. This could be due to the greater variability of functional levels in stroke compared to knee replacement. For example, a patient with stroke could have a wider range of functional ability levels, e.g., being bedridden to being able to commute in the community. While a patient with

knee replacement may have less variability of functional status due to immobility. This could contribute to higher agreement of FRG results for individuals with knee replacement.

It was important to note that traditional agreement testing method of using kappa or weighted kappa statistics may provide inaccurate results when less variability was shown in the data. In this study, the higher percentage agreement contradictorily resulted in less variability in the data, leading to lower weighted kappa results especially for the knee replacement FRG. This bias may lead to the misinterpretation of the weighted kappa results. We recommended using the percent of perfect agreement analysis result to cross-validate and supplement the weighted kappa results of knee replacement to avoid potential bias.

To compare with previous crosswalk validation studies, we found those studies supported score translatability between instruments with acceptable group agreement using intraclass correlation coefficients (ICC) or Cohen's effect size at group-level comparison (Askew, at al., 2013; Bjorner, Kosinski, & Ware, 2003; Holzner, et al., 2006; Orlando, et al., 2000; Qude, et al., 2014; Ten Klooster, et al., 2013; Wang , Byers, & Velozo, 2008a). Ten Klooster and colleagues (2013) found different IRT models generated reliable crosswalks between observed and translated scores with similar agreement of ICC ranging from 0.72 to 0.82. Our study showed ICCs ranging from 0.86 to 0.99, which was slightly better. While most studies showed successful linking results at the group-level, it is noticeable that the score conversion may not work as reliable as expected at the individual-level (Askew, at al., 2013; Fischer, Tritt, Klapp, & Fliege, 2011; Holzner, et al., 2006; Ten Klooster, et al., 2013; Wang , Byers, & Velozo, 2008a). For instance, Holzner and colleagues (2006) found that the confidence intervals of translated scores for individual subjects were very large, thus the limited precision of individual scores are likely to lead to unreliable measures of individual differences. Fischer and colleagues (2011) found that

individual scores comparison was imprecise due to substantial statistical spread. Askew and colleagues (2013) recommended that individual scores derived from crosswalks should be used for the group-level analysis, not for clinical care analysis given the additional source of inherent error. In addition, Ten Koolster and colleagues (2013) found substantial discrepancies in agreement between the observed and converted scores for individual patients.

While there was considerable evidence to support translating scores between instruments, the findings have been limited to translating scores between instruments without addressing the accuracy issue. Our studies evaluated the practical concern of measurement accuracy when using the converted scores and suggested that using converted scores may be feasible to identify patients into group classification system when using the FIM SFs or MDS SFs. Since all measures have error, some acceptable range of errors should be anticipated when using converted scores. That is, while a converted scores results in one FRG level different that that generated with the original FIM, this may be largely the result of measurement error. Future studies are needed to distinguish the error associated with conversion versus the error associated with measurement.

# *4.1 Limitations*

Since stability of patient's response is crucial to obtain reliable measurement accuracy, one of the main limitations in this study was that we assumed patients' ability did not change within 6 days. Of course, this assumption is not substantiated and the 6-day difference likely contributed to error in this study. Second, this study design was based on secondary data analysis with the data that did not intended to answer the research questions proposed in this study. Thus, the data may be subject to inherent errors from all possible uncontrollable sources in the data collection process. Finally, some current available statistics used in this study may not be truly

meaningful such as Wilcoxon Signed Rank due to the impact of sample size, or due to the lack of variability of the data that biased the kappa agreement results for the knee replacement FRG.

# 5. CONCLUSION

Combining existing instruments instead of generating new items to construct a universal continuum of care measure has the advantage for the healthcare policy makers, researchers the clinicians and the patients. This study found the FIM short forms showed good accuracy at both the individual measurement and group classification levels. Our finding indicate that the FIM\_8 item SF provide the most accurate FRG results across the four diagnoses of stroke, lower extremity amputation, knee replacement and hip replacement and at the same time maximizes efficiency. The MDS\_13-item converted scores had acceptable FRG agreement as the original FIM\_13-item scores for group-level comparison. However, the two MDS SFs had the least measurement accuracy. While the MDS\_13-item lacked accuracy for individual measurement, it appeared to have adequate accuracy for generating FRG classifications, especially for the FRG groups of amputation, knee replacement and hip replacement.

# **Appendix**



Table 1. Demographic Characteristics of Participants in this Study (n=2500)







 $*$  significant difference  $< 0.05$ 



<span id="page-135-0"></span>Table 3. FRG Classification Difference between FIM\_13 and Other Test Forms across Four Diagnoses (Stroke, Amputation, Knee Replacement, and Hip Replacement)

<sup>2</sup> Δ: represents each short form in this table (i.e. FIM\_8SF, FIM\_4SF, MDS\_13, MDS\_8SF, MDS\_4SF)





<span id="page-137-2"></span><span id="page-137-1"></span><span id="page-137-0"></span>Table 4. Weighted Kappa, Kappa, McNemar's test and ICC between FIM\_13 and the Varied Test Forms (FIM\_8, FIM\_4, MDS\_13,

$MDS_4$	$< 0.0001*$	0.69	Strong	0.88	Excellent
Amputation $(n=472)$					
<b>Test Form</b>	$p$ -value $\overline{A^4}$	<b>Kappa Statistics</b>	<b>Agreement Strength</b>	ICC	<b>ICC</b> Strength
$FIM_8$	0.09	0.88	Very Strong	0.94	Excellent
$FIM_4$	0.74	0.81	Very Strong	0.89	Excellent
$MDS_13$	$0.04***^5$	0.53	Moderate	0.70	Good
$MDS_8$	$0.01**$	0.54	Moderate	0.70	Good
$MDS_4$	$0.01**$	0.48	Moderate	0.65	Good
Knee Replacement (n=568)					
<b>Test Form</b>	p-value	<b>Weighted Kappa Statistics</b>	<b>Agreement Strength</b>	ICC	<b>ICC</b> Strength
$FIM_8$	$0.0001*$	0.78	Strong	0.94	Excellent
$FIM_4$	$< 0.0001*$	0.70	Strong	0.87	Excellent
$MDS_13$	$0.0001*$	0.17	Weak	0.40	Fair
$MDS_8$	$<0.0001*$	0.14	Weak	0.35	Poor
$MDS_4$	$0.0016*$	0.09	Weak	0.22	Poor
Hip Replacement $(n=394)$					
<b>Test Form</b>	p-value	<b>Weighted Kappa Statistics</b>	<b>Agreement Strength</b>	ICC	<b>ICC</b> Strength
$FIM_8$	$< 0.0001*$	0.95	Very Strong	0.99	Excellent
$FIM_4$	$<0.0001*$	0.85	Very Strong	0.96	Excellent
$MDS_13$	$< 0.0001*$	0.55	Moderate	0.80	Excellent
$MDS_8$	$<0.0001*$	0.44	Moderate	0.76	Excellent
$MDS_4$	$< 0.0001*$	0.34	Fair	0.67	Good

<sup>&</sup>lt;sup>3</sup> \*: Kappa agreement was significant at the level <  $0.05$ <br><sup>4</sup> **p-value**^: p-value from McNemar's Test for amputation FRG due to 2\*2 table computation 5 \*\*: Significant difference between FRGa and FRGc



Figure 1. Point Difference between Actual and Converted FIM Score Distribution of Five Test Forms (MDS\_13, FIM\_8, MDS\_8, FIM\_4, MDS\_4)

 $30$ 

# CHAPTER FIVE

#### **CONCLUSION**

#### **Integrating the Findings**

The overall goal of this dissertation was to challenge a widely accepted belief that developing a new single instrument was the only solution to assess patients' function across the continuum of post-acute care. This dissertation proposed an alternative solution by creating an item bank by linking existing instruments, Functional Independence Measure (FIM™) in the inpatient rehabilitation facilities and the Minimum Data Set (MDS) in the Community Living Centers, currently used across Veterans post-acute healthcare system.

Linking existing instruments to generate an item bank could further develop efficient administration such as short forms. To evaluate the feasibility of the 4- and 8-item short forms generated from the FIM-MDS item bank, we examined their measurement precision and accuracy compared with the original FIM\_13-item motor score. To the author's knowledge, this dissertation was the first study that combined existing instruments into a single item bank and further validated precision and accuracy of the generated short forms. The importance of this study was to determine whether linking existing instruments could generate a continuity of care measurement system with precision and accuracy comparable to that of a single instrument.

Our study had five major findings:

(a) Linked instruments measuring the same latent trait can form an item bank with acceptable to good item-level psychometric properties.

(b) When the number of items of the test forms generated from the item bank decreased, measurement precision and accuracy decreased. This finding is consistent with Wright and Stone (1979)'s formula of  $SE(b_y) = X[L/r_y(L - r_y)]^{1/2} \cong 2.5/L^{1/4}$ , indicating that when L (test length) increased then standard error (SE) of the test will decrease.

(c) MDS\_13-item test form had measurement precision and measurement accuracy at the group-level that was comparable to the FIM\_13-item test form.

(d) FIM\_8-item had measurement precision and accuracy comparable to the FIM\_13 item test form.

(e) The overall converted scores from the MDS and relevant short forms provided better group-level accuracy than the individual-level accuracy when compared to the original FIM\_13 item scores.

In summary, our study results suggested the MDS\_13-item could be used to obtain comparable precision and acceptable accuracy but not the MDS\_4-item and 8-item short forms. In addition, the FIM\_8-item instrument could potentially replace the FIM\_13-item for clinical measurement, since it shows the best compromise between efficiency and precision/accuracy.

While our study results partially supported application of the MDS converted scores compared to the original FIM\_13-item motor score, we raised a critical question that whether the linked instruments could produce comparable precision and accuracy to a universal instrument. In other words, if the converted scores of existing instruments measured a similar construct and showed valid results in terms of precision and accuracy as using a single instrument, then linking existing instruments using converted scores would be a cost-efficient solution to measuring patients across the continuum of care. This proposed solution could benefit healthcare policy makers and clinical practitioners regarding of maintaining fair reimbursement system across rehabilitation settings. In addition, linked measures would reduce the burden associated with adopting a new universal instrument (e.g., costs of electronic medical record software

modifications and burden of training on administering the new universal instrument) for the patients, healthcare policy makers and clinical practitioners.

Researchers have varying opinions about using converted scores to replace the scores obtained from the original instrument across the continuum of post-acute care. Buchanan and colleagues (2004) found a 56% agreement of classifications between FIM™ and converted FIM scores, and around 20% of the facilities had revenue shifts larger than 10% of the original cost with large standardized deviation (SD), thus concluded the converted scores should not be used. However, this study underestimated the impact of error variance and secondary variance on the results of their study. Wang and colleagues (2008a) found mixed results of their converted score in their validation study at individual and group levels, suggesting that error in the linked instruments could cause variance of the converted scores. In the area of rheumatoid arthritis, Ten Klooster and colleagues (2013) found that the agreements between predicted and observed scores from the Rasch-based crosswalk in the cross-validation sample had high intra-class correlation coefficients (ICCs). Oude Voshaar and colleagues (2014) replicated Ten Klooster et al.'s (2013) study and showed similar results of high ICCs, indicating the crosswalk was sufficiently reliable for group-level, even across diagnostic subgroups.

Thus, by controlling possible error sources, the results of linking instruments and using converted scores could be improved. Figure 5.1 was a visual demonstration of primary, secondary and error variance associated with using MDS\_13-item converted scores as a continuity of measurement in our study. The primary variances are the consistent changes in the outcomes that we expected. Thus, the greater of the primary variance indicated a better quality of the performance of the instrument. On the other hand, secondary variance represented consistent changes in the outcomes due to the factors other than we expected but could be identified, and

the error variance were the inconsistent changes in the outcomes that could not be identified. Thus, a good instrument is expected to have greater primary variance and less secondary and error variance.

When using MDS 13-item converted scores, besides error variance such as instrumental intrinsic error that we could not control, sources of secondary variance that could impact on the outcomes may be controlled. Secondary variance may include different instrument used (i.e., MDS versus FIM), different time at administering the MDS, different raters, different rater's expectation or bias of the patients' function and patients' potential functional changes within 6 days.

Figure 5.2 demonstrated that when using MDS shorter versions, the element of "decreased number of item" could further contribute to decreasing the primary variance. When comparing short forms generated from the FIM and MDS, the main element to decrease explained primary variance of the FIM\_8-item and FIM\_4-item short forms was simply "decreased number of item" (Figure 5.3) compared to the MDS two short forms (Figure 5.2). This difference of involved secondary variance between the FIM and MDS short forms resulted in FIM short forms had better accuracy compared to the MDS short forms (Figures 5.2 & 5.3). Figures 5.1-5.3 also reflect the precision and accuracy comparison results between the FIM short forms and the MDS short forms presented in the previous chapter 4 of this dissertation.

Figure 5.4 visually demonstrated the assumed primary, secondary and error variance when using a single tool across the continuum of post-acute care rehabilitation settings. It is crucial to recognize that when using a single instrument across the continuum of post-acute care, this solution could simply remove one factor of "different instrument" contributing to secondary variance while other factors (e.g., different data collectors, and different time to administer the

instruments) contributing to the secondary variance still exist (Figure 5.4). Even though this single-tool-study-design may have less variance compared to our current study as shown in Figure 5.1, the main concern is the proportion of each element contributing to the secondary variance in the outcome variables. There are no studies to identify each factor contributing to the secondary variance (e.g., using different instruments would cause large or little impact on the outcomes). However, we could control certain factors with proper study design, so the impact of each factor could be minimized or identified.

Figure 5.5 demonstrated a study we proposed to identify the variance caused by using different instruments (thus also including removing the impact of different raters and rater bias) by testing the same instrument, for example, FIM\_13-item, twice. In contrast to the present study, this design would eliminate the variance of having different instruments, but the design would retain, error variance and other contributors to secondary variance such as "patients' functional change" and "different administration time." Comparing the results of the present study (Figure 5.1), the proposed study shown in Figure 5.5 may clarify the differences between using a single instrument or a linked, item bank in measuring patients across the continuum of care.

There were several limitations of this dissertation. One was that we used retrospective data that was not designed for our study purpose. For instance, there may be potential functional change of the same patient even within 6 days between two instrumental administrations. In addition, there were inherent errors in the dataset that could not be controlled such as the level of strictness of the raters or rater bias (i.e., inpatient rehabilitation facility clinicians may be less severe raters than Community Living Center clinicians). Furthermore, the results of this study may be specific to the Veterans population due to its specific demographics, therefore limiting its generalizability.
Thus, to investigate the impact of each potential source of error upon the above mentioned limitations, we suggested future studies being designed as follows: (a) We could conduct the same study but instead of using a different instrument, testing the patient with the same instrument twice (e.g., FIM) within 6 days because FIM changes would be a function of: 1) error of the instrument and 2) impact of factors extrinsic to the instrument (e.g., changes in the patient over time). Since these parameters are similar to the conditions in which the MDS was collected, comparisons of precision and accuracy of converted scores of this proposed study would reflect the effect of using different instruments. (b) In addition, we would suggest conducting a prospective study with the same data collector to administer different instruments on the same day, which could reduce error resulting from different raters and different times for data collection. (c) Once we identified the impact of the error (i.e., error intrinsic to the instrument versus error extrinsic to the instrument), we may be able to control the impact of extrinsic error with a covariate analysis (i.e., remove the impact of the extrinsic error). Other methods of reducing error are to use computerized adaptive testing (CAT) to generate converted measures. CAT may improve the extent of error for the extreme ends of theta (i.e., person has extreme low or extreme high ability), which could potentially decrease the errors in the study. However, we hypothesized that CAT would not have a large impact in improving converted measures as compared to Item Response Theory (IRT)-based short forms since its effect is limited to the extreme scores.

In spite of advances in healthcare measurement, we are still at the beginning stages in understanding the impact of error on functional outcomes. Understanding, identifying and controlling the impact of intrinsic or extrinsic error variance and secondary variance on the healthcare instruments could improve precision and accuracy of measured outcomes and

facilitate practitioners in providing evidence-based treatment for the patients. In addition, when developing efficient tests to minimize clinician and patient burden, it is crucial to achieve a balance between test length, precision/accuracy. The ultimate goal of future studies is to establish precise and accurate functional outcome measures to monitor patients and ensure fair reimbursement across the continuum of post-acute care.

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## APPENDIX- TABLES



Table 1.1. Measurement System across Post-Acute Care (PAC) Facilities

\* IRF-PAI includes Functional Independence Measure (FIM) and additional demographic data (ie. age, gender)

<b>Instrument</b>	<b>Continuity Assessment</b> and Record Evaluation (CARE) item set	<b>Functional</b> <b>Independence Measure</b> (FIM)	<b>Minimum Data Set</b> (MDS)
Parameter I: ADL/Motor <b>Skill</b>	Eating	Eating	Eating
	Oral Hygiene	Grooming	Personal Hygiene
	Wash Upper Body		
	Shower/Bathe Self	<b>Bathing</b>	<b>Bathing</b>
	Dressing- Upper Body	Dressing- Upper Body	Dressing
	Dressing-Lower Body	Dressing-Lower Body	$- - - - -$
	Toileting Hygiene	Toileting	<b>Toilet Use</b>
		<b>Bladder Management</b>	<b>Bladder Continence</b>
	$- - - - -$	<b>Bowel Management</b>	<b>Bowel Continence</b>
	Put On/Take Off Footwear		
	Bed to Chair/Wheelchair Transfer	Bed, Chair, Wheelchair (Transfer)	Transfer
	Sit to Lying		
	Sit to Stand		
	<b>Toilet Transfer</b>	Toilet (Transfer)	$- - - - -$
	-----	Tub, Shower (Transfer)	-----
	-----	<b>Stairs</b>	-----
	Roll Left to Right Lying to Sitting On Side		<b>Bed Mobility</b>
	of Bed		
	Walking or Wheeling (in room, 50 feet, 100 feet, 150 feet) $*$ One Step Curb *	Walk/Wheelchair	Walk in Room
	Four Steps *		
	<b>Twelve Steps</b>		Walk in Corridor
	Walk 50 feet With 2 Turns <sup>*</sup>		Locomotion on Unit
	Walk 10 feet On Uneven Surfaces <sup>*</sup>		<b>Locomotion off Unit</b>
	Pick Up Object		

Table 1.2. Parameters Measured in the CARE Item Set, FIM and MDS



" \* " means this activity may be considered as either "Locomotion on Unit" or "Locomotion off Unit".

" \*\* ": All letter codes are recoded to 1 (totally dependent).

Author	Title	Aims	Methods	Instruments/ Population	Results	Conclusions
Williams, B. C., Li, Y., Fries, B. E., & Warren, R. L. (1997)	Predicting patient scores between the Functional Independence Measure and the Minimum Data Set: Development and performance of a FIMTM-MDS "crosswalk"	Establish and validate a crosswalk between FIMTM and MDS across acute rehab settings and nursing homes	$\bullet$ Prospective study $\bullet$ An expert panel of 7 rehab experts chose and rescaled MDS items to create "Pseudo- FIMTM" The relationships $\bullet$ between Pseudo- FIM <sup>TM</sup> and FIM <sup>TM</sup> were compared using Wilcoxon <b>Rank Sum tests</b> Rescaled the MDS $\bullet$ based on two methods: the expert panel ( $FIM^{TM}(E)$ ) determinations and observed relationships in development data set $(FIM^{TM}(O))$	Functional $\bullet$ Independence Measure (FIMTM) Minimum Data Set $\bullet$ (MDS) 173 Rehab patients $\bullet$ admitted to six nursing homes (same population of patients)	Items of walking/ 1. locomotion and social interaction were excluded because the authors considered no corresponding MDS items found in the $FIM^{TM}$ . The final were 13 out of 18 FIMTM items having corresponding MDS items (but two dressing items were combined; so the final total number of item is 12) Mean Pseudo-FIMTM 2. $(E)$ and FIM <sup>TM</sup> scores of five items (out of 12 items); and eight items of Pesudo-FIM <sup>TM</sup> (O) were not significantly different ( $p < .05$ ). Intraclass correlation 3. coefficients between the FIM <sup>TM</sup> and Pseudo- $FIM^{TM}$ (E) motor and cognitive subscales were both 0.81. Crosswalk values 4. defined as implausible by the expert panel generally occurred for middle levels of limitations. FIM™ and MDS-based 5. rescaled items were	From the Article: FIM <sup>TM</sup> and MDS can predict item and subscale scores interchangeably with reasonable accuracy, which could compare the effectiveness (degree of improvement among similar patients) and efficiency (cost of care to obtain a given degree of improvement) of rehabilitation care in different settings. <b>Relevant to Dissertation:</b> This study partially supports the assumption of creating a crosswalk between instruments (i.e., FIMTM and MDS) based on CTT methods by developing corresponding items between instruments and compare their differences

Table 2.1. Literature Reviews of Linking Methods Used in Healthcare Professions (Classical Testing Theory) (ordered by year) (n=6)

















Author	Title	Aims	Methods	Instruments/ Population	Results	Conclusions
Fisher, Harvey, Taylor, Kilgore, & Kelly, (1995)	Rehabits: A common language of functional assessment	To develop a single rehabilitation- measuring unit, rehabit, by co- calibrating motor scales from 2 instruments	$\bullet$ Prospective study Two steps of $\bullet$ cocalibration: (a) analyzed the motor skills items from the two instruments together; $(b)$ compared the theoretically common-unit measures from the two instruments Rasch partial credit model	Functional $\bullet$ Independence Measure $(FIM^{TM})$ Patient $\bullet$ Evaluation and Conference System (PECS) 54 participants $\bullet$ with 5 physical disability diagnoses (brain injuries, neuromuscular, musculoskeletal , spinal cord and stroke), to increase variations of the sample	The authors found 1. common 9 motor skills items measured by both the FIM™ and PECS with similar item calibration order supported by Silverstein and colleagues (1989). These nine items included feeding/eating, upper extremity (UE) bathing, UE dress, lower extremity (LE) bathing, LE dress, toilet, transfer, walk and stairs. 2. The easiest item is "feeding/eating" and the most difficult item is "stairs/environment barriers." In general, upper 3. extremity functions are easier than lower extremity functions the persons measured are 4. spread along The measurement 5. continuum with a reliability of 0.95, meaning that the 35 FIMTM/PECS items have distinguished six statistically distinct levels of functional independence (strata) in the persons' abilities	From the Article: The results demonstrate that item difficulty estimates of the FIM <sup>TM</sup> and PECS are stable sufficiently to support the use of the common "function metric" unit: rehabit. <b>Relevant to Dissertation:</b> This study supports the concept of developing a common metric measuring physical self-care activities between instruments (i.e., FIM <sup>TM</sup> and PECS) based on IRT methods

Table 2.2. Literature Reviews of Linking Methods Used in Healthcare Professions (Item Response Theory) (ordered by year) (n=25)


















































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<b>Instrument</b>	<b>Functional Independence Measure (FIM)</b>	<b>Minimum Data Set (MDS)</b>			
Parameter:	Eating	Eating			
ADL/Motor					
<b>Skill</b>					
	Grooming	Personal Hygiene			
	$- - - - -$	$--- -$			
	Bathing	Bathing <sup>*</sup>			
	Dressing- Upper Body	Dressing			
	Dressing-Lower Body	$- - - - -$			
	Toileting	<b>Toilet Use</b>			
	<b>Bladder Management</b>	<b>Bladder Continence</b> †			
	<b>Bowel Management</b>	<b>Bowel Continence</b> †			
	Bed, Chair, Wheelchair (Transfer)	Transfer			
	Toilet (Transfer)	$---$			
	Tub, Shower (Transfer)	-----			
	<b>Stairs</b>	-----			
		<b>Bed Mobility</b>			
	Walk/Wheelchair	Walk in Room			
		Walk in Corridor			
	$- - - - -$	Locomotion on Unit			
		<b>Locomotion off Unit</b>			
<b>Rating Scale</b>	7= Complete Independence	$0=$ Independent			
	6 = Modified Independence				
	$5 =$ Supervision	$1 =$ Supervision			
	$4 =$ Minimal Assistance (>75%	$2=$ Limited Assistance			
	independence)				
	3= Moderate Assistance (>50%	$--- -$			
	independence)				
	$2 =$ Maximal Assistance (>25%	3= Extensive Assistance			
	independence)				
	1= Total Assistance	4= Total Dependence			
	$- - - - -$	8 = Activity Did Not Occur			
		During Entire 7-Day Period			
Note: (from Wang, et al., 2008a)					
* Separate rating scale in MDS: $0 =$ independent, $1 =$ supervision, $2 =$ physical help limited to					
	transfer only, $3 =$ physical help in part of bathing activity, $4 =$ total				

Table 3.1. Physical Items Measured in the FIM and MDS

dependence,  $8 =$  activity did not occur during entire 7 days.  $\dagger$  Separate rating scale in MDS: 0 = usually continent, 2 = occasionally continent, 3 =

frequently incontinent, 4 = incontinent.





<b>Research Project</b>	<b>Research Design</b>	Advantages	Limitations
<b>Item Banking</b> Across the Continuum of Care (VA FIM- MDS item banking project)	Retrospective, secondary data analysis (using longitudinal data in a format as cross-sectional data analysis)	<b>Sampling Frame</b> a. Big sample size 1. 2. Homogeneity of the sample (Veterans using post-acute care) 3. Real-life data <b>Required Resources</b> b. 1. Save time, cost, and resources in terms of collecting data compared to prospective study <b>Internal Validity</b> c. 1. Two instruments are "real" different tests developed independently and used currently 2. Subjects are blind to the study	Characteristics of the Dataset a. 1. Not public accessible database 2. Narrowed breadth of available data; not flexible; only approved variables could be obtained <b>External Validity (Generalizability)</b> b. 1. Restricted to the Veterans population; may not be able to generalize to the general population <b>Miscellaneous Factors</b> c. 1. Even though we limited to the same patients taking the FIM and MDS within 7 days, it is possible that the patients' functional status may change over these 7 days [secondary variance] 2. May take more time to receive the dataset after getting the approval in real-world situation
National Health and Nutrition Examination Survey (NHANES)	Retrospective, secondary data analysis (using longitudinal data in a format as cross-sectional data analysis)	<b>Sampling Frame</b> a. 1. Big sample size 2. Community dwelling sample Characteristics of the Dataset b. Free, public accessible database Wide breadth of available data Have potential and flexibility to conduct 3. longitudinal study <b>Required Resources</b> c. 1. Save time, cost, and resources in terms of collecting data compared to prospective study <b>Internal Validity</b> d. 1. Subjects are blind to the study	<b>Sampling Frame</b> a. 1. Not real-life data <b>Internal Validity</b> b. Subjects whose responses are inconsistent (invalid person data) between 2 scales were not excluded in the analysis 2. The process to divide 20 items into 2 scales may not be theoretical valid based on Crimmins' categories, thus 2 scales may not be conceptually equivalent <b>External Validity (Generalizability)</b> $\mathbf{c}$ . 1. Restricted to the subjects who answered at least 75% of the total items (15 items); may not be able to

Table 3.3. Comparison Table of the Proposed Study with Other Three Different Study Designs





## APPENDIX- FIGURES

Figure 1.1. Continuum of Care in the United States HealthCare System (this picture is based on 5.0 percent national sample of 2006 Medicare claims)



Figure 1.2. An Example: A trajectory of care for a person with stroke



NOTE: Dotted line: possible path



Figure 3.2. Rehabilitation Impairment Classification (RIC) for Stroke: Function Related Groups (FRGs) Algorithm (Impairment code: 1.1 to 1.9)



Figure 3.3. Rehabilitation Impairment Classification (RIC) for Lower Extremity Amputation: Function Related Groups (FRGs) Algorithm (Impairment code: 5.3 to 5.9)

RIC: Lower Limb Amputation (LLA)



Figure 3.4. Rehabilitation Impairment Classification (RIC) for Knee Replacement: Function Related Groups (FRGs) Algorithm (Impairment code: 8.6 to 8.62)



RIC: Status Post Knee Replacement (SPKR)

Figure 3.5. Rehabilitation Impairment Classification (RIC) for Hip Replacement: Function Related Groups (FRGs) Algorithm (Impairment code: 8.5 to 8.52)



RIC: Status Post Hip Replacement (SPHR)

Figure 5.1. Visual Demonstration of Primary, Secondary and Error Variance in the Current Study Using MDS\_13-item Converted Score



Figure 5.2. Visual Demonstration of Primary, Secondary and Error Variance in the Current Study Using MDS\_4-item and 8-item Short Forms Converted Score



Figure 5.3. Visual Demonstration of Primary, Secondary and Error Variance in the Current Study Using FIM\_4-item and FIM\_8-item Short Forms Converted Score



Figure 5.4. Visual Demonstration of Primary, Secondary and Error Variance in the Study Using a Single Universal Tool (e.g., CARE Item Set) across the Continuum of Post-acute Care



Figure 5.5. Visual Demonstration of Primary, Secondary and Error Variance in the Future Proposed Studying Using Two FIM Data for the Same Patient at the Same Facility across the Continuum of Post-acute Care

